

brian weiss past life regression training

Brian Weiss Past Life Regression Training: Unlocking the Secrets of the Soul

brian weiss past life regression training has become a beacon for those curious about exploring the depths of the human psyche through the lens of past lives. Dr. Brian Weiss, a renowned psychiatrist and pioneer in the field of past life regression therapy, has inspired countless individuals to delve into this fascinating practice. His training programs offer a unique opportunity to learn how to guide others—or yourself—through the transformative experience of uncovering memories from previous incarnations. If you've ever wondered how past life regression works or how to become skilled in this therapeutic technique, understanding Brian Weiss's approach can be a great starting point.

Who Is Brian Weiss and Why His Past Life Regression Training Matters

Brian Weiss is not just a name in the world of hypnosis and spirituality; he is a trailblazer who brought past life regression into mainstream awareness. Initially a traditional psychiatrist, Weiss's perspective shifted dramatically after a series of sessions with a patient who spontaneously recalled past-life memories under hypnosis. This experience led him to write several bestselling books, such as **Many Lives, Many Masters**, which opened the door for a broader audience to explore reincarnation and spiritual healing.

His past life regression training is designed not only for therapists and counselors but also for anyone interested in self-discovery and metaphysical healing. The training combines hypnosis techniques with spiritual insights, making it a comprehensive program that equips learners with the tools to facilitate past life explorations safely and effectively.

What to Expect from Brian Weiss Past Life Regression Training

If you decide to participate in Brian Weiss past life regression training, you can expect a journey into both the theoretical and practical aspects of regression therapy. The training covers the foundational concepts of reincarnation, the soul's journey, and the healing potential of accessing past life memories.

Core Components of the Training

- **Understanding Past Life Regression:** Learn the history, science, and spiritual theories behind past life regression therapy.

- **Hypnosis Techniques:** Gain hands-on experience in inducing trance states essential for accessing subconscious memories.
- **Client Safety and Ethics:** Explore how to create a safe environment and handle sensitive memories responsibly.
- **Healing and Integration:** Techniques for helping clients integrate insights from their past lives into their present-day healing.
- **Practical Sessions:** Guided practice sessions that build confidence and skill in conducting regressions.

This training is not merely about uncovering past lives but empowering individuals to resolve deep-seated emotional and psychological issues through these revelations.

The Benefits of Learning Past Life Regression

Engaging in Brian Weiss past life regression training offers benefits that extend beyond the classroom or workshop. Many who train in this method find it opens doors to personal growth and professional opportunities.

Personal Transformation

Discovering past life memories can be profoundly healing. It often sheds light on recurring patterns, unexplained fears, or emotional blocks that impact current life circumstances. Understanding these connections can lead to enhanced self-awareness and emotional freedom.

Professional Opportunities

For therapists, counselors, and holistic practitioners, adding past life regression to their toolkit can differentiate their practice. It attracts clients interested in alternative healing methods and expands the scope of traditional therapy. Brian Weiss's training also emphasizes ethical practice, ensuring that practitioners are well-prepared to support clients empathetically.

How to Prepare for Brian Weiss Past Life Regression Training

Preparing for this training involves more than just signing up. To get the most out of the experience, it's helpful to approach it with an open mind and a willingness to explore new dimensions of consciousness.

Open Mindset and Curiosity

Past life regression can challenge conventional beliefs about life and existence. Being open to the possibility of reincarnation and metaphysical realities will enrich your learning and personal experiences during the training.

Basic Hypnosis Familiarity

While not always mandatory, having some background knowledge in hypnosis or meditation can be beneficial. It makes entering trance states easier for both the practitioner and the client.

Journaling and Reflection

Keeping a journal during the training allows you to document your experiences, insights, and any past life memories that emerge. Reflection deepens understanding and helps integrate new knowledge.

Tips for Conducting Effective Past Life Regression Sessions

Once trained, applying Brian Weiss's past life regression techniques requires skill and sensitivity. Here are some practical tips to enhance your sessions:

- **Create a Calm Environment:** A quiet, comfortable space helps clients relax and access subconscious memories.
- **Use Gentle Hypnosis Scripts:** Weiss's approach often includes soothing language that guides clients without pressure.
- **Respect the Client's Pace:** Not everyone recalls past lives quickly. Patience is key to meaningful regression.
- **Focus on Healing:** Encourage clients to seek lessons and healing rather than just narratives of past events.
- **Maintain Confidentiality:** Ethical considerations are paramount when dealing with deeply personal experiences.

Integrating Brian Weiss's Teachings into Your Practice or Personal Growth

The essence of Brian Weiss's work lies in healing through understanding the soul's journey across lifetimes. Whether you're a professional therapist or a spiritual seeker, integrating his teachings can bring profound shifts.

For practitioners, combining past life regression with other modalities like cognitive-behavioral therapy or energy healing can offer a holistic approach to client care. For individuals, regular meditation and self-hypnosis techniques learned during the training can support ongoing self-discovery and emotional balance.

Exploring Brian Weiss past life regression training can be a transformative adventure that blends science, spirituality, and psychology. It invites you to journey beyond the limits of the present moment and uncover the rich tapestry of your soul's history. Whether for personal enlightenment or professional development, this training opens doors to new ways of understanding life, healing, and the mysteries that lie within us all.

Frequently Asked Questions

What is Brian Weiss past life regression training?

Brian Weiss past life regression training is a program designed to teach individuals how to guide clients through past life regression sessions, based on the techniques developed by Dr. Brian Weiss, a renowned psychiatrist and author.

Who is Brian Weiss in the field of past life regression?

Brian Weiss is a prominent psychiatrist and hypnotherapist known for popularizing past life regression therapy through his books and clinical practice, notably 'Many Lives, Many Masters.'

What topics are covered in Brian Weiss past life regression training?

The training typically covers hypnosis techniques, how to conduct past life regression sessions safely, understanding clients' experiences, and integrating past life insights into healing processes.

Is Brian Weiss past life regression training suitable for beginners?

Yes, many past life regression trainings inspired by Brian Weiss's work are designed for both beginners and professionals, providing foundational knowledge as well as advanced techniques.

How long does Brian Weiss past life regression training usually take?

The duration varies by program, but many trainings range from a weekend workshop to several weeks or months of online or in-person classes.

Can Brian Weiss past life regression training help with personal healing?

Yes, many participants find that the training not only equips them to help others but also facilitates their own personal growth and healing through understanding past life influences.

Are certifications provided after completing Brian Weiss past life regression training?

Some courses offer certification upon completion, which can be useful for practitioners looking to incorporate past life regression therapy into their professional services.

Where can I find authentic Brian Weiss past life regression training programs?

Authentic training programs are often found through official Brian Weiss websites, reputable hypnotherapy schools, or workshops led by certified instructors trained in his methods.

What are the benefits of learning past life regression from Brian Weiss's methodology?

Benefits include gaining a structured and compassionate approach to regression therapy, understanding the spiritual and psychological aspects of past lives, and enhancing therapeutic skills to support clients' healing journeys.

Additional Resources

Brian Weiss Past Life Regression Training: An In-Depth Review and Analysis

brian weiss past life regression training has garnered significant attention in the realms of psychotherapy, spiritual healing, and alternative therapy. As a pioneer in the field of past life regression therapy, Dr. Brian Weiss's approach has influenced many practitioners and seekers interested in exploring the subconscious mind through the lens of reincarnation. This article offers a comprehensive, analytical review of Brian Weiss's past life regression training, examining its core principles, methodologies, benefits, and considerations for professionals and enthusiasts alike.

Understanding Brian Weiss's Approach to Past Life Regression

Brian Weiss, a Yale-trained psychiatrist, introduced past life regression therapy to the mainstream through his bestselling book **Many Lives, Many Masters**. His training programs are designed to teach therapists and individuals how to guide clients back to their previous incarnations, purportedly to resolve unresolved psychological issues, trauma, or emotional blockages that affect their present lives.

At the heart of Brian Weiss past life regression training is the belief that past life memories, accessed through deep hypnosis or meditation, can provide insight into current life challenges. Weiss's technique combines traditional hypnotherapy with a spiritual framework that emphasizes healing, self-awareness, and the soul's journey across multiple lifetimes. The training focuses on developing hypnotic skills, understanding the psychology of regression, and applying therapeutic interventions based on the regression experience.

Core Components of Brian Weiss Past Life Regression Training

Brian Weiss's training often includes several key elements that distinguish it from other hypnotherapy or regression programs:

- **Hypnotic Induction Techniques:** Weiss emphasizes a gentle, client-centered induction method that facilitates deep relaxation and access to subconscious memory without resistance or trauma.
- **Regression Protocols:** Structured steps guide practitioners in safely leading clients through past life memories, ensuring ethical and emotional support throughout the process.
- **Integration and Healing:** Training covers how to help clients interpret their regressions and integrate insights into their current life, fostering emotional healing and personal growth.
- **Ethical Considerations:** Weiss addresses the importance of professionalism, client consent, and managing expectations, vital for responsible therapeutic practice.

These components are often delivered through workshops, seminars, and certification courses led by Weiss himself or his authorized trainers, combining theoretical knowledge with hands-on practice.

Comparing Brian Weiss Past Life Regression Training to Other Modalities

The landscape of past life regression training includes various methods and philosophies, ranging from clinical hypnotherapy to New Age spiritual practices. Brian Weiss's approach is notable for its blend of scientific credibility and spiritual openness, which appeals to a broad audience.

Unlike purely psychological hypnotherapy that may focus solely on symptom relief, Weiss's training incorporates a metaphysical perspective, suggesting that the soul's journey through reincarnation holds key insights into present-day challenges. This contrasts with skeptics and practitioners who view regression memories as symbolic or constructed rather than literal past lives.

Furthermore, Weiss's method prioritizes compassionate listening and non-directive guidance, differing from more directive hypnotherapists who may lead clients toward specific outcomes. His emphasis on healing and transformation aligns with holistic models of therapy, integrating mind, body, and spirit.

Pros and Cons of Brian Weiss Past Life Regression Training

As with any specialized training, Brian Weiss past life regression training has strengths and limitations that potential trainees should consider:

- **Pros:**

- Comprehensive framework combining therapy and spirituality
- Established credibility through Weiss's extensive clinical experience and published works
- Focus on client safety, ethical practice, and emotional integration
- Opportunities for certification and professional development

- **Cons:**

- May not align with strictly scientific or evidence-based practitioners
- Spiritual elements might not resonate with all clients or therapists
- Training can be costly and time-intensive
- Access to official courses may be limited geographically or by schedule

Ultimately, the decision to pursue Brian Weiss past life regression training depends on one's openness to integrating spiritual dimensions into therapeutic practice and the specific needs of the

client base.

Applications and Outcomes of Brian Weiss Past Life Regression Training

Professionals trained in Brian Weiss's method often report utilizing past life regression to address a variety of psychological and emotional issues, such as anxiety, phobias, unexplained fears, relationship difficulties, and chronic pain. The process aims to uncover subconscious origins of these problems, which might be linked to unresolved events from past incarnations.

Clients who undergo regression therapy may experience profound insights, emotional catharsis, and a sense of greater purpose or spiritual connection. Weiss's training provides practitioners with tools to facilitate these experiences safely and effectively, ensuring that the therapeutic process supports long-term well-being.

Additionally, past life regression training can enhance a therapist's skill set by deepening their understanding of the subconscious mind, expanding their therapeutic approaches, and fostering empathy and patience.

Integration with Other Therapeutic Techniques

Brian Weiss past life regression training is often integrated with other modalities such as:

- Cognitive-behavioral therapy (CBT)
- Mindfulness and meditation practices
- Energy healing and chakra balancing
- Psychodynamic therapy

This integrative approach allows practitioners to tailor sessions according to client needs, blending regression insights with evidence-based interventions. Such flexibility enhances the potential effectiveness of therapy and broadens the appeal of Weiss's training among mental health professionals.

Accessing Brian Weiss Past Life Regression Training

For those interested in pursuing Brian Weiss past life regression training, several pathways are available:

1. **Official Workshops and Seminars:** Brian Weiss and authorized trainers offer live and virtual workshops, often ranging from weekend intensives to multi-day retreats.
2. **Certification Programs:** Some institutes provide certification credentials upon completing Weiss's curriculum, which may include supervised practice and assessments.
3. **Online Courses:** Digital platforms have made parts of Weiss's training more accessible globally, though experiential practice remains a core component.
4. **Books and Self-Study Materials:** Weiss's publications serve as foundational texts for independent learners or as supplements to formal training.

Prospective students should verify the credentials of training providers and consider their professional goals before enrolling. Networking with alumni or attending introductory sessions can also provide valuable insight into the training experience.

Brian Weiss past life regression training represents a unique intersection of science and spirituality within therapeutic practice. Its growing popularity reflects an enduring curiosity about the mysteries of the mind, the nature of consciousness, and the possibility that understanding past lives can illuminate present realities. Whether embraced as a clinical tool or a spiritual journey, Weiss's training continues to shape the evolving field of regression therapy.

Brian Weiss Past Life Regression Training

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brian weiss past life regression training: *My Mystical Past Life* Venu Murthy M. K., 2013-12-24 This is a highly readable personal journal of how destiny mystically designs circumstances, from planting a seed of Near Death Experience, Reincarnation and such to nurturing these ideas with the conviction of personal experience and finally integrating it all under the expert guidance of Dr. Brian Weiss. Below are few words from an eminent author and publisher introducing this book:-The book starts in a very dramatic way and from the very first sentence draws you immediately to the series of events those are going to unfold. As you read along the book, the kindness of an American African touches your heart. Dr. Brian Weiss comes in front of you alive. You yourself really start hearing Dr. Weiss speak. There is a touch of humour also in the narrative to enliven you and lot of wisdom pours in. You will surely love this book. Well, here is the book itself in your hand. Go ahead and experience it for yourself. I always felt within my heart, the mystical side of Venu's personality. He is one of the rare individuals, who love to read great books and absorb the noble ideas and ideals contained in them. He is truthful, sincere to the core in his quest for God and has passed through amazing range of experiences in his life which makes him a very good channel of goodness and compassion through past life therapy. I have not found many persons with such pure, altruistic motives that Mr. Venu Murthy carries in his heart. The book has been dedicated at the holy

feet of the all pervading eternal master of the universe. I bow down to that Guru and offer my salutations to that eternal master along with Venu Murthy. This narrative is written with noblest of the motives. It is highly readable and as you read along, you won't feel you are reading a book, you will be travelling and experiencing everything that happens along with the author!!!! And it will be a harbinger of a change in many people's lives. May the blessings of God be showered on all those who read it and on all those who come in contact with Venu Murthy is my earnest prayer to God and Guru Deva. - Divakar B.R.*****Strange that things which are mystical happen even, in the lives of Software Engineers! While the former is for the highly developed right brain, the latter demands an exploding amount of left brain activity! Venu Murthy wonders on how mystical his journey has been-from being a techie who bangs his head on computers, to being a Past Life Regression Therapist, systematically trained by the master on this subject Dr. Brian Weiss M.D, the ever compassionate Masters and his year old cute little daughter!

brian weiss past life regression training: Past Life Awakening Mark Beale, 2025-05-27 A past-life therapist's real sessions tell stories demonstrating healing methods and illustrating profound spiritual laws.

brian weiss past life regression training: Path to Wellness: Past Life Regression As a Healing Modality Virginia Waldron, 2016-11-28 Past Life Regression, as a powerful healing modality, has been Virginia's passion and path since 1993, when she first heard Dr. Brian Weiss talk about his books and past life regression therapy. This work book includes scripts and additional materials to guide students in the work of past life regression, in individual sessions and workshops. This workbook, and its companion text book which is the theoretical part of this intensive professional training program in past life regression, includes the materials and information based on years of experience as a past life regression practitioner and instructor. The curriculum for this program is designed for professional certified hypnotists who have both a theoretical and a practical foundation in hypnosis techniques such as induction, deepening techniques, or trance depth.

brian weiss past life regression training: Healing the Present from the Past Heather S. Friedman Rivera R.N. J.D Ph.D, 2012-12-29 It is important to document the validity of past life regression therapy. Heather Rivera's research has made an important contribution to this field, and I applaud her work.-Brian L. Weiss, M.D., author of Many Lives, Many Masters Dr. Heather Rivera has written a much needed book for those interested in past life therapy or those practicing it. Her fine book is based on quantified research, rather than strictly case studies. . .The reader will benefit in many ways, perhaps life-changing ways, from this excellent book. ? Edith Fiore, Ph.D. (Retired Psychologist) Author of You Have Been Here Before Dr. Heather Friedman Rivera is one of the most remarkable torch-bearers of our times, bringing light into the dark recesses of our over-soul to which we are all connected into the universal oneness, through her scholarly quantifying research on reincarnation and past-life regression. She makes skeptics see and hear, and places the scientific dots on reincarnation and past life regression in such a convincing, personal and touching way. ? Adrian Finkelstein, MD, Former UCLA Psychiatry Professor Researcher/ Author Dr. Heather Friedman Riveras abrupt healing following a past life regression began a quest of personal discovery and scientific investigation into past lives. Her experience, as well as reports from over 200 respondents from around the world, validate the spiritual, psychological, and physical healings that can result. She reveals her personal journey and the scientific findings from her past life study. Her research is now: quantifying the type and degree of healing effects from past life experiences uncovering the factors that drive and influence these effects opening the door for more research in this important healing modality helping bridge gaps between Western medicine and complementary care

brian weiss past life regression training: Lessons from a Reluctant Healer Mary H. A. Kearns, 2021-08-08 Lessons from a Reluctant Healer is an inspiring personal memoir of Mary Kearns' journey towards trusting in her innate gifts and the wisdom of that still, small voice within. She shares the challenges she has faced in following her life path, along with methods she has learned to make the journey smoother. Blending her lived experiences with research in a variety of

scientific disciplines, Mary offers a message of hope during this unique time in history. Throughout this book, she encourages us to cultivate our inner wisdom and acknowledge our innate gifts so that we can do our part to help create a better world for all.

brian weiss past life regression training: Through Time Into Healing Brian L. Weiss, 1993-09 Discovering the power of regression therapy to erase trauma and transform mind, body, and relationships--Cover subtitle.

brian weiss past life regression training: Atlantis Rising Magazine Issue 130 - PUSHING BACK AGAINST TECH TYRANNY PDF Download atlantisrising.com, In This 88-page edition: POPULAR CULTURE PUSHING BACK AGAINST TECH TYRANNY Can the "New Luddites" Close Pandora's Box? BY SUSAN B. MARTINEZ, Ph.D. ANCIENT MYSTERIES THE PROSECUTION DOESN'T REST Evidence for Crime in the Great Pyramid Continues to Mount BY SCOTT CREIGHTON LOST HISTORY SEARCHING FOR ANTILIA & HYPERBOREA Atlantis and Lemuria Were Not the Only Legendary Destinations of Antiquity BY FRANK JOSEPH THE UNEXPLAINED SOCRATES & HIS INNER VOICE Was the Great Philosopher Mentally Ill, or Something Else? BY ROBERT M. SCHOCH, Ph.D. ANCIENT MYSTERIES PORTALS TO THE MULTIVERSE? Is There More to Indigenous Petroglyphs than Meets the Eye? BY KEN WELLS THE UNEXPLAINED A. CONAN DOYLE & THE FAIRIES Why Did the Creator of Sherlock Holmes Stake so Much on His Case for Little People? BY HUNTER LIGUORE CRYPTOZOOLOGY WHERE BE DRAGONS? What If the Stories Were Not Entirely Imaginary BY STEVEN SORA ALTERNATIVE HISTORY THE RIDDLES OF TIME Do the Orthodox Schedules of Our Past Really Line Up with the Facts? BY WILLIAM B. STOECKER ANCIENT AMERICA LADY LIBERTY & INDIGENOUS MOTHER WISDOM The Ancient Bond Between Native Americans and the Goddess in New York Harbor BY ROBERT HIERONIMUS, Ph.D. & LAURA E. CORTNER FUTURE SCIENCE 'IMPOSSIBLE' MATERIAL USHERS IN THE GRAPHENE AGE The Stuff the Journals Rejected Is Now the Coming "Revolution" BY JEANE MANNING THE FORBIDDEN ARCHAEOLOGIST BY MICHAEL CREMO THE 'SILURIAN HYPOTHESIS' RECONSIDERED ASTROLOGY GODDESS SIGNS Astrology of the Sacred Feminine BY JULIE LOAR PUBLISHER'S LETTER LIFE-SUSTAINING RESOURCES FROM DEAD SPACE ROCKS? BY J. DOUGLAS KENYON

brian weiss past life regression training: *Beyond Medicine* Patricia A. Muehsam, 2021-11-16 Winner of the 2023 Nautilus Gold Medal Award A pioneer in the synthesis of science, holistic health, and contemporary spirituality, Dr. Patricia Muehsam introduces and explores a path to health and well-being that is extraordinary in its ease and profound in its results. This groundbreaking work explores what health and healing — physical, mental, emotional, and spiritual — really mean and offers a revolutionary new way to think about health. You'll discover experiences of illness and healing that defy conventional thinking, explore the ancient wisdom and the modern science of consciousness, and learn practical tools for experiencing Absolute Health — which are also tools for navigating being human.

brian weiss past life regression training: **The Complete Idiot's Guide to the Akashic Record** Colin Andrews, Synthia Andrews, ND, 2010-06-01 The universal consciousness is an open book to those willing to explore it The Complete Idiot's Guide® to the Akashic leads readers on a journey into their personal past, present, and future, learning the fundamentals of the Akasha—a Hindu word variously translated as sky or space—and how to use the Record to explore their hidden past, heal old wounds, live an authentic life in the present and affect the future. • Explores cutting edge aspects of Body/Mind/Spirit-universal consciousness, synchronicity, energy fields, and more • How to decode the Akashic Record through meditation, visualization, and lucid dreaming techniques that anyone can learn

brian weiss past life regression training: **The Magdalene Awakening** L. Shannon Andersen, 2006 This book is the result of a deep and profound quest for origins, meaning, and healing, written at a time when the human condition appears more fractured from within than at any other time in history. In writing *The Magdalene Awakening*, Shannon Anderson has successfully journeyed to that sacred space and has lifted the veil for her readers revealing the atrium of

immortality and enticing them to come and join her on her high mission. The smooth narrative style of the book weaves together a magical journey through the author's quest for the true Magdalene energy, the origins of the Cathars, the Gematria that holds the sacred key, and in the end, a call for transformation. This story is a page turner written by someone who knows, and who allows her readers the rare opportunity to discover these mysteries for themselves, but with the benefit of her company and wisdom to help them on their path. Maria Magdalena Colavito, Ph.D., author of *The Pythagorean Intertext in Ovid's Metamorphoses & The New Theogony: Mythology for the Real World*.

brian weiss past life regression training: The Thought That Changed My Life Forever

Christian Guenette, Gillian Laura Roberts, 2012-11-01 "An inspiring book of breakthroughs and a joyful call to personal awakening . . . demonstrates the power our thoughts really have" (Jason Sugar, founder of Breakthrough Adventures, Inc.). *The Thought That Changed My Life Forever* is an inspirational gem highlighting the art and science of changing your mind, with a unique approach that will please both science and spirituality enthusiasts alike. It's obvious people around the world continue to seek answers to the age-old questions: "Why are we here?" and "What is my purpose?" *The Thought* book not only offers valuable insights into the process of finding a solution to life's most challenging conundrums, but also provides fifty-two real-life examples of how it's been achieved—leaving a firm belief in each of our minds that even the most difficult situations can be overcome, one thought at a time. "A lyrical journey, providing a rhythm and heartbeat that captivated my attention and moved my whole being right until the final word . . . Reading this book will definitely light a spark and bring it to the surface of your awareness." —James F. Twyman, New York Times-bestselling author

brian weiss past life regression training: Does the Soul Survive? (2nd Edition)

Rabbi Elie Kaplan Spitz, 2015-02-06 Near-death experiences? Past-life regression? Reincarnation? Are these sorts of things Jewish? With a blend of candor, personal questioning, and sharp-eyed scholarship, Rabbi Elie Kaplan Spitz relates his own observations and the firsthand accounts shared with him by others, experiences that helped propel his journey from skeptic to believer that there is life after life. From near-death experiences to reincarnation, past-life memory to the work of mediums, Rabbi Spitz explores what we are really able to know about the afterlife, and draws on Jewish texts to share that belief in these concepts—so often approached with reluctance—is in fact true to Jewish tradition. "The increasing interest and faith in survival of the soul may grow into a cultural wave that is as potentially transformative for society as the civil rights movement and feminism. A renewed faith in 'the soul's journeys' will call for a reassessment of our priorities, and will enable traditional religions to renew and transform their adherents." —from the Introduction

brian weiss past life regression training: Relax. . . You're Not Going to Die Part 2

Darryl Philip, 2024-03-19 Twenty years ago, we just didn't have the enormous weight of evidence from our contemporary messengers of God, our near-death experiencers, the gifted psychic mediums, our ancient spiritual teachers, and last but not least the brilliant and courageous scientists and medical doctors. Now, through part 1 and part 2 of *Relax...You're Not Going to Die*, we're finally able to address and answer some of the most perplexing questions about God and life and why our lives are the way they are. We know now that God is not working in mysterious ways but has a definitive plan in place for each and every one of us. This is a time of our spiritual awakening. Your life is more perfect than you know. We are all magnificent, divine, immortal spiritual beings that choose this earthly life for the spiritual growth it offers. You are invited to examine and explore the overwhelming evidence.

brian weiss past life regression training: Does the Soul Survive?

Elie Kaplan Spitz, 2012-12-14 Near-death experiences? Past-life regression? Reincarnation? Are these sorts of things Jewish? With a blend of candor, personal questioning, and sharp-eyed scholarship, Rabbi Elie Kaplan Spitz relates his own observations and the firsthand accounts shared with him by others, experiences that helped propel his journey from skeptic to believer that there is life after life. From near-death experiences to reincarnation, past-life memory to the work of mediums, Rabbi Spitz

explores what we are really able to know about the afterlife, and draws on Jewish texts to share that belief in these concepts—so often approached with reluctance—is in fact true to Jewish tradition. “The increasing interest and faith in survival of the soul may grow into a cultural wave that is as potentially transformative for society as the civil rights movement and feminism. A renewed faith in ‘the soul’s journeys’ will call for a reassessment of our priorities, and will enable traditional religions to renew and transform their adherents.” —from the Introduction

brian weiss past life regression training: Soul Visioning Susan Wisehart, 2008 Discover Your Soul's Wisdom and Transform Your Life You have the power to create a life of passion and purpose by following the wisdom of your soul. Using breakthrough methods such as energy psychology, guided journeys, forgiveness practices, and past-life and life-between-lives regression, Susan Wisehart shares practical step-by-step techniques to heal the unconscious beliefs that block your awareness of your true spiritual identity and life purpose in this unique wellness book. The Soul Visioning journey connects you with your Higher Self to guide you into the ideal expression of your soul in your work, relationships, health, finances, and spirituality. Dramatic and inspiring case studies with long-term follow-up interviews reveal how people have transformed their lives using these powerful methods. Several guided audio journeys to help you connect with your soul's wisdom are available on the author's website as a CD or free MP3 downloads. Praise: Inspiring true-life stories and practical leading-edge strategies teach you how to change unconscious limiting beliefs and create a joyous, soul-guided life.--Debbie Ford, New York Times best-selling author of *Why Good People Do Bad Things: How to Stop Being Your Own Worst Enemy* This is a divinely inspired gift of a book for those who are ready to be happy.--Sonia Choquette, author of *Trust Your Vibes* and *Your Heart's Desire*

brian weiss past life regression training: Science and Pseudoscience in Social Work Practice Bruce A. Thyer, Monica G. Pignotti, 2015-05-15 Science is a way of thinking about and investigating the accuracy of assumptions about the world. It is a process for solving problems in which we learn from our mistakes. Social work has a long history of social reform and helping efforts. Let us continue this by paying attention to the important message of this book. --Eileen Gambrill, PhD, School of Social Welfare University of California at Berkeley (From the Foreword) Although many psychosocial interventions used in social work practice have strong research evidence supporting their efficacy, a surprising number do not, potentially resulting in harmful outcomes. In this book, the authors cast a critical eye on the reality of commonly used scientific and pseudoscientific practices in social work today. Stressing the need for separating research-based practices from those not supported by adequate levels of evidence, they examine the scientific and pseudoscientific bases for popular social work interventions used in a variety of treatment settings. The text examines the misuse of legitimate research and describes how social work education training can and should discourage pseudoscience. The concluding chapter describes pathways through which social work practice can become more firmly grounded in contemporary scientific research. This engaging book is intended for courses in critical thinking and evidence-based practice and is a valuable resource for all social work students and practitioners. Key Features: Promotes critical thinking regarding the evidence-based research--or lack thereof--behind a variety of social work interventions Written by renowned social work educators Addresses the history and characteristics of pseudoscience Examines pseudoscience practices in assessment and work with children, adolescents, adults, and individuals with developmental difficulties

brian weiss past life regression training: The Limitless Soul Bryn Blankinship, 2025-08-05 Access the Soul Level of Your Mind to Resolve Current Life Issues Featuring numerous past life, afterlife, and future life case studies, *The Limitless Soul* invites you to explore the many aspects of a soul's existence. These narratives show that life is not a random series of events, and they can be used to gain insight into your soul's future while exploring earthly lessons for your current incarnation. Using her hypno-regression technique, Soul Expression Spiritual Regression (SESR), author Bryn Blankinship explains how revisiting certain times in your soul's history can bring resolution to long-standing issues and shift energies that are affecting your current life incarnation.

This enlightening book carries universal messages and offers hands-on exercises, meditations, and practices for awakening your soul's guidance. With it, you'll discover your personal gifts and a deeper understanding of your place in this world.

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