

fort jackson basic training 2023

Fort Jackson Basic Training 2023: What to Expect and How to Prepare

fort jackson basic training 2023 marks a pivotal chapter for many new Army recruits stepping into military life. Situated in Columbia, South Carolina, Fort Jackson remains one of the largest and most important U.S. Army training centers. Each year, thousands of recruits embark on a transformative journey here, learning the essentials of soldiering while developing the discipline and resilience needed for a successful military career. If you or someone you know is preparing to attend Fort Jackson basic training in 2023, understanding what lies ahead can make a significant difference in easing nerves and setting the stage for success.

Understanding Fort Jackson Basic Training 2023

Fort Jackson is renowned for its comprehensive 10-week Basic Combat Training (BCT) program, designed to take civilians and turn them into soldiers ready for active duty. The 2023 training cycle continues to emphasize both physical fitness and mental toughness, blending traditional Army values with modern training techniques.

The Structure of Basic Combat Training

Basic training at Fort Jackson is divided into three main phases, each with specific goals and challenges:

- **Red Phase:** This initial phase focuses on acclimating recruits to military life. From learning Army customs and courtesies to understanding the chain of command, this phase is about building foundational discipline.
- **White Phase:** The middle phase shifts attention to physical fitness and marksmanship. Drill and ceremony continue, but recruits also spend significant time practicing with rifles and improving their endurance.
- **Blue Phase:** The final phase prepares soldiers for deployment scenarios, including field training exercises and combat simulations, culminating in a graduation ceremony celebrating their transformation.

Each phase is designed not only to teach skills but also to foster camaraderie among recruits, which is crucial for morale and teamwork in the Army.

What Makes Fort Jackson Unique in 2023?

While many Army basic training facilities offer similar programs, Fort Jackson distinguishes itself in several ways during the 2023 training cycle.

Focus on Diversity and Inclusion

Fort Jackson prides itself on its diverse trainee population. In 2023, efforts to promote an inclusive environment have been further strengthened. This means recruits from all backgrounds can expect a training culture that respects differences and encourages mutual support—a vital factor in building a cohesive unit.

Enhanced Training Facilities and Technology

In line with modern military demands, Fort Jackson has upgraded many of its training facilities. Recruits in 2023 benefit from advanced simulators for marksmanship and battlefield scenarios, alongside traditional hands-on training. This blend of technology and physical training helps prepare soldiers for the complexities of modern warfare.

Comprehensive Health and Wellness Programs

Basic training is physically demanding, and Fort Jackson acknowledges the importance of recruit well-being. The 2023 program integrates improved nutrition plans, mental health support, and injury prevention strategies. These initiatives aim to keep soldiers healthy and resilient throughout their training journey.

Preparing for Your Fort Jackson Basic Training Experience

Walking into Fort Jackson for basic training can be overwhelming, but proper preparation can ease the transition and enhance your overall experience.

Physical Fitness Tips

Physical readiness is crucial. Before arrival, focus on building cardiovascular endurance, muscular strength, and flexibility. The Army Physical Fitness Test (APFT) remains a key assessment, so practice running, push-ups, and sit-ups regularly. Remember, gradual progression reduces injury risk, so pace your workouts wisely.

What to Pack and Bring

While the Army provides most essentials, recruits should bring personal items such as:

- Comfortable running shoes (approved by your recruiter)
- Basic toiletries and hygiene products
- Copies of important documents (ID, orders, emergency contacts)
- A positive attitude and readiness to learn

Avoid bringing prohibited items like electronics, jewelry, or large sums of cash, as these can be confiscated.

Mentally Preparing for the Challenge

Mental toughness is just as important as physical strength. Accept that basic training is designed to push your limits and that feeling homesick or stressed is normal. Developing stress management techniques—such as deep breathing or visualization—can help you stay focused. Also, embracing teamwork and supporting fellow recruits creates a positive environment that makes challenges easier to overcome.

Life During Fort Jackson Basic Training 2023

Daily life at Fort Jackson is structured and intense, yet it's carefully designed to build discipline and skills while fostering a sense of belonging.

A Day in the Life

Typical days start early, often before sunrise, with physical training (PT) to build stamina. Mornings might include classroom instruction on Army history, values, and regulations. Afternoons often focus on hands-on activities like weapons training, obstacle courses, and drill practice. Evenings are reserved for inspections, study, and limited personal time.

The Role of Drill Sergeants

Drill Sergeants are the cornerstone of the training experience. Their role is to instruct, mentor, and sometimes challenge recruits to perform at their best. While their style may seem strict, their goal is to prepare recruits for the demands of military service. Building respect and rapport with your drill

sergeants can make a big difference in your progress.

Building Bonds and Camaraderie

Despite the rigorous schedule, recruits often form deep friendships during basic training. Shared challenges create a unique bond, and teamwork is essential for success. Participating fully in group activities and supporting your peers will not only improve your training experience but also develop lifelong connections.

After Basic Training: What Comes Next?

Graduating from Fort Jackson basic training is just the beginning of a soldier's journey. Upon completion, recruits move on to Advanced Individual Training (AIT), where they learn specific skills related to their Military Occupational Specialty (MOS).

Transitioning to Advanced Training

The discipline and foundational skills acquired at Fort Jackson prepare soldiers for AIT's specialized curriculum. In 2023, the Army continues to streamline the transition process, ensuring soldiers are ready to absorb their new technical training with confidence.

Continuing Growth and Development

Basic training instills Army values such as loyalty, duty, respect, selfless service, honor, integrity, and personal courage. These principles provide a solid foundation for ongoing personal and professional growth throughout a soldier's career.

For anyone stepping into Fort Jackson basic training 2023, the experience promises to be life-changing. It's a place where physical endurance, mental resilience, and teamwork converge to transform civilians into soldiers. By embracing the challenges and opportunities of this training, recruits can lay the groundwork for a fulfilling and honorable service in the U.S. Army.

Frequently Asked Questions

What is the duration of Fort Jackson Basic Training in 2023?

Fort Jackson Basic Training in 2023 lasts approximately 10 weeks, including both Basic Combat Training (BCT) and Advanced Individual Training (AIT) depending on the soldier's Military Occupational Specialty (MOS).

What are the physical fitness requirements for Fort Jackson Basic Training in 2023?

In 2023, recruits at Fort Jackson must pass the Army Physical Fitness Test (APFT) or the new Army Combat Fitness Test (ACFT), which includes events like push-ups, sit-ups, and a two-mile run, with minimum standards varying by age and gender.

What items are recruits allowed to bring to Fort Jackson Basic Training in 2023?

Recruits are advised to bring only essential personal items such as identification, prescribed medications, and required documents. Electronic devices, large amounts of cash, and personal weapons are not permitted during Fort Jackson Basic Training in 2023.

How can family members communicate with recruits during Fort Jackson Basic Training in 2023?

Family members can communicate with recruits via letters and occasional phone calls during authorized times. The use of social media and email is restricted during training at Fort Jackson in 2023 to ensure focus and discipline.

What is the daily schedule like for trainees at Fort Jackson Basic Training in 2023?

The daily schedule at Fort Jackson Basic Training in 2023 is highly structured, typically starting early in the morning with physical training, followed by classes, drills, meals, and lights out by 10 PM. Activities are designed to build discipline and combat readiness.

Are there any COVID-19 protocols in place for Fort Jackson Basic Training in 2023?

As of 2023, Fort Jackson maintains COVID-19 safety protocols which may include vaccination requirements, regular testing, mask-wearing indoors, and social distancing measures to protect recruits and staff during Basic Training.

Additional Resources

Fort Jackson Basic Training 2023: A Comprehensive Review of the Army's Premier Training Facility

fort jackson basic training 2023 continues to serve as one of the United States Army's most vital initial entry training installations. As the largest and most active basic training post in the U.S. Army, Fort Jackson plays a crucial role in transforming civilians into soldiers through a rigorous and comprehensive training regimen. This article delves into the 2023 iteration of Fort Jackson's basic training, analyzing its structure, updates, challenges, and overall effectiveness while integrating relevant insights and keywords that reflect the current state of military training at this key installation.

Overview of Fort Jackson Basic Training 2023

Fort Jackson, located near Columbia, South Carolina, has long been recognized for its commitment to producing well-prepared soldiers. In 2023, the training program maintains its reputation by balancing traditional military discipline with modernized training techniques. The basic training course, officially known as One Station Unit Training (OSUT) or Basic Combat Training (BCT) depending on the soldier's Military Occupational Specialty (MOS), spans approximately ten weeks and encompasses physical conditioning, weapons training, tactical exercises, and classroom instruction.

The 2023 program integrates updated methodologies designed to enhance soldier readiness and resilience. This includes increased focus on mental health, cultural competence, and adaptive leadership—critical components in today's evolving military environment. Fort Jackson's training cadre ensures recruits are not only physically capable but mentally prepared for the multifaceted demands of military service.

Training Curriculum and Structure

The basic training curriculum at Fort Jackson in 2023 remains divided into three distinct phases: Red, White, and Blue. Each phase builds upon the previous one, progressively increasing in intensity and complexity.

- **Red Phase:** The initial phase focuses on instilling discipline and foundational military skills. Recruits learn drill and ceremony, physical fitness, basic marksmanship, and Army values.
- **White Phase:** This middle phase expands on individual soldier skills, including land navigation, weapons qualification, and combat lifesaver training.
- **Blue Phase:** The final phase emphasizes collective training exercises that simulate combat scenarios, culminating in the Crucible—a 54-hour culminating event designed to test endurance, teamwork, and leadership under stress.

Compared to previous years, 2023's curriculum has incorporated more technology-assisted instruction, such as virtual reality simulations for weapons handling and tactical decision-making. This integration aims to improve learning retention and provide a safer training environment.

Physical Fitness and Conditioning

Physical readiness remains a cornerstone of Fort Jackson basic training. The Army Combat Fitness Test (ACFT), introduced in recent years and now standard at Fort Jackson, is administered throughout the training cycle to track recruits' progress. The ACFT encompasses six events designed to measure strength, endurance, and agility, including the deadlift, standing power throw, and a two-mile run.

In 2023, Fort Jackson has placed increased emphasis on injury prevention and recovery, recognizing the physical toll of intense training. Additional resources such as physical therapists and nutrition

guidance have been incorporated to support recruits' well-being. This holistic approach reflects a broader Army initiative to maintain soldier longevity and operational readiness.

Innovations and Challenges in Fort Jackson Basic Training 2023

Modernization Efforts

Fort Jackson's training staff has actively pursued modernization in 2023 to address the evolving nature of warfare and soldier expectations. Some notable innovations include:

- **Enhanced Mental Health Support:** With growing awareness of psychological stressors, mental resiliency training and access to behavioral health specialists have become standard throughout basic training.
- **Diversity and Inclusion Training:** Recruits receive instruction designed to foster cultural awareness and teamwork among soldiers from varied backgrounds.
- **Technological Integration:** Use of augmented reality (AR) and computer-based simulations supplements live-fire exercises and field training maneuvers.

These updates reflect Fort Jackson's commitment to preparing soldiers not only for traditional combat roles but for complex, modern operational environments.

Challenges and Areas for Improvement

Despite its many strengths, Fort Jackson basic training 2023 faces several challenges:

- **Recruit Retention and Attrition:** The demanding nature of training leads to a notable attrition rate. While this filters out those unprepared for military life, it also poses challenges in meeting recruitment targets.
- **Resource Constraints:** Budget limitations occasionally impact the availability of upgraded training equipment and facilities, which can affect training quality.
- **Adapting to Pandemic Aftereffects:** Although COVID-19 restrictions have largely eased, Fort Jackson continues to adapt training protocols to ensure safety without compromising effectiveness.

Addressing these challenges remains a priority for Fort Jackson leadership, who continually seek feedback from drill sergeants and recruits to refine the training experience.

Comparative Analysis: Fort Jackson vs. Other Army Basic Training Posts

Fort Jackson is often compared to other major U.S. Army basic training installations such as Fort Benning in Georgia, Fort Leonard Wood in Missouri, and Fort Sill in Oklahoma. Each post specializes in different MOS training and has unique environmental and instructional features.

In 2023, Fort Jackson distinguishes itself by:

- Being the largest basic training center, processing the highest volume of recruits annually.
- Offering extensive gender-integrated training programs reflective of the Army's emphasis on inclusivity.
- Maintaining a diverse cadre of drill sergeants experienced in training soldiers across a broad spectrum of specialties.

While Fort Benning is noted for its infantry-focused OSUT and Fort Leonard Wood emphasizes engineering and chemical corps training, Fort Jackson primarily handles initial entry training for a variety of MOSs, including administrative, medical, and logistical roles. This diversity requires a versatile training approach, which Fort Jackson has refined over decades.

Reputation and Soldier Feedback

Feedback from recent graduates of Fort Jackson basic training 2023 indicates a high level of satisfaction with the professionalism of drill sergeants and the comprehensive nature of the training. Many recruits highlight the Crucible as a transformative experience that builds confidence and camaraderie.

However, some recruits cite the initial adjustment to military culture as challenging, particularly regarding the intensity of physical training and the strict disciplinary standards. This is consistent with the experiences at other Army basic training posts, underscoring the universal rigor of initial military training.

Final Thoughts on Fort Jackson Basic Training 2023

As the U.S. military continues to evolve in the face of geopolitical and technological changes, Fort Jackson basic training 2023 exemplifies how foundational soldier training adapts to meet

contemporary needs. By integrating cutting-edge training tools, emphasizing mental and physical health, and fostering an inclusive environment, Fort Jackson remains a cornerstone of Army readiness.

The year 2023 reflects a balance between tradition and innovation, ensuring that every recruit leaving Fort Jackson is better prepared for the complexities of modern military service. Whether measured by training rigor, curriculum advancements, or soldier development, Fort Jackson's basic training program stands as a model for effective military preparation in the 21st century.

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fort jackson basic training 2023: *Basic Training, U.S. Army Training Center, Infantry Fort Jackson, South Carolina* United States. Army. Training Center, Infantry, 1959*

fort jackson basic training 2023: *Masculine Mindset* Conrad Riker, Are you tired of feeling powerless and stuck in your relationships or career? Do you struggle to navigate cultural differences and power structures at work or in politics? Look no further! Masculine Mindset is your ultimate guide to understanding power distance and how it shapes societies, careers, and political systems. - Discover the impact of power distance on traditional, modernizing, and developed societies and how it affects your life - Learn how religion plays a role in power distance and how to navigate it in various cultural contexts - Master the art of recognizing and managing power dynamics in political systems and how they influence decision-making - Uncover the economic implications of power distance and how it impacts national identity and social cohesion - Understand the role of power distance in shaping your career and how to effectively navigate power structures in the workplace - Gain practical strategies for weakening the effects of cultural Marxism, such as feminism and gender ideology, on your daily life - Develop a strong sense of masculine character, assertiveness, and decision-making, allowing you to thrive in any social or professional setting - Boost your confidence and sense of control by understanding the power dynamics at play in your life and learning how to leverage them to your advantage. Don't waste another minute feeling powerless! Masculine Mindset will provide you with the knowledge, skills, and mindset you need to conquer power distance, succeed in your career, and influence the world around you. Don't miss this opportunity - buy the book today!

fort jackson basic training 2023: Sentenced to a Life of Recovery Michael Patrick Murtaugh, 2023-09-20 Michael Patrick Murtaugh has been sober for more than thirteen years. After so much time working on himself, reflecting on where his life went wrong, and sharing his story with thousands of people across the country, the now founder and pastor of Life Recovery Church wanted to share his message of Jesus with a larger audience. In this book, he recalls the abuse he suffered growing up, multiple stints of homelessness, his service in the Army and what led to his honorable discharge, and the addiction that overtook his life from an early age. By the time he was forty-five, he'd been jailed seven times, and he knew something needed to change. It did when he checked himself into Calvary Addiction Recovery Center in 2010. Early on in his recovery, he realized that his story could make an impact on those who still struggle with pain, resentment, and addiction. That was all the motivation he needed to share the message of how he conquered his demons. Learn how Jesus Christ helped the author change his life forever and fueled him with an unstoppable energy to

help others in Sentenced to a Life of Recovery.

fort jackson basic training 2023: *Orchard Training Area Facilities Improvement, Idaho Army National Guard, Ada County* , 1988

fort jackson basic training 2023: Uncertain Warriors David Fitzgerald, 2023-11-09 Explores the identity crisis of the post-Cold War US Army and their struggles to adapt to profound geopolitical and cultural changes.

fort jackson basic training 2023: *The Battlin' Bastards of Bravo* Melissa Ziobro, 2025-04-15 The Battlin' Bastards of B Company, 1st Battalion, 506th Infantry Regiment, 101st Airborne Division share their harrowing Vietnam experiences, highlighting brotherhood, resilience, and the lasting impact of war on their lives. The "Battlin' Bastards" of B Company, 1st Battalion, 506th Infantry Regiment, 101st Airborne Division, fought daily against a well-trained and determined enemy during their tours in Vietnam, 1968-71. Before the war, these men were brothers, sons, sweethearts, husbands, and fathers. Some were athletes, some musicians. Some were just out of high school, some in established careers. There is no monolithic "Battlin' Bastard," but when they joined the 101st Airborne Division—one of the most highly decorated divisions in the United States Army—in Vietnam, they united, fighting for each other, and fighting to return safely home. It was difficult to put their experiences behind them. As Bravo veteran, Terry Taylor, recalled, "I learned at the age of 18 that you don't have to die to go to hell. Vietnam was hell on earth." And yet despite the obstacles, many of these men built successful lives post-war. Decades after returning from the war, when the men were ready to cautiously revisit their experiences, the Bastards started stateside reunions. From these reunions came the wish to share their stories with the world, to honor, to educate, and to inspire. The result is this book, written from interviews and diligent archival research, in which the surviving "Battlin' Bastards" tell their stories of combat in their own words, and honor those who "sacrificed for their country and their unit."

fort jackson basic training 2023: *38 Hot* Dr. (CSM Ret) Dokk Elle Th.D., 2023-09-21 In his first series installment, *Overcoming: A Personal Journey from Discouragement to Encouragement*, Dr. Dokk Elle wants to reach others through encouraging words and personal insight as to how it's possible to overcome obstacles that may not be in your control. Now, in his second series installment, *38 Hot: You Can Slow Me Down But You Can't Stop Me*, Dr. Elle does it again, where he chronicles the ups, the downs and many other curveballs that tried to derail him from having a successful, military career. By telling the story behind his service to the country, Dr. (Command Sergeant Major-retired) Elle wants to encourage others to never give up on their dreams and aspirations, especially when times get tough. He is a living testimony to persevering even when the odds are against you. Keep the faith, recognize your worth and keep pressing on.

fort jackson basic training 2023: Basic Training United States Army Training Center Infantry , 1958

fort jackson basic training 2023: Army Officer's Guide , 2023-10-17 The Army Officer's Guide is the crown jewel of Stackpole's military reference line. First published in 1930, this guide has been continuously revised since then and has become the gold-standard reference for the U.S. Army's officer corps, especially the new second lieutenants commissioned into the army out of West Point and ROTC programs. This edition has been thoroughly revised and updated with the latest information on leadership, training, military justice, promotions, benefits, counseling soldiers, physical fitness, regulations, and much more—everything the officer needs to know in order to do his job well, to advance his career, to navigate the military, and to guide his soldiers on and off the battlefield. Topics include How to train, lead, and counsel troops effectively Tips on how to move along your career as an NCO by continuing education, training, and professional development Information about all the regulations NCOs need to be aware of in carrying out their jobs And much, much more . . . Stackpole has been guiding military officers and soldiers for more than 80 years. Our guides still offer the best advice in the business—better than any other book, better than the internet.

fort jackson basic training 2023: *Raising Ricky* Elizabeth Mentzer, 2023-08-27 This is my

story of an interracial adoption back in the early seventies. Ricky is a high- spirited, stubborn, loving, eighteen-month-old boy. He grows up the youngest of five older sisters. There were challenges, but we all survived.

fort jackson basic training 2023: *from Baja to Baghdad and back to the Barracks* Maria Gastelum, 2023-02-09 This book is based on a true story about a Christian female medic who served during Operation Iraqi Freedom. The author begins her story with humble beginnings. She emigrated from Mexico with her family to the US. Maria, learned to speak and read English on her own because during that time, she wasn't afforded English as second language in the public school system. Her fate is to experience several adversities; and in the midst of her circumstances, she walks with God. During her enrollment to Bible college, she runs away from her prophetic calling to join the US Army, her lifelong dream. During her deployment to Iraq, she runs into her calling and completes a mission that God had prepared her for.

fort jackson basic training 2023: *My Journey* Dr. Roy Jones, Jr, 2023-08-03 This book is an excellent source of history and insight. It's full of inspiration and encouragement. Bringing scripture and history together with divine purpose is ingenious. Tammie Dennis Allen Chapel AME Church Sacramento, California I was thrilled to write this review. I've grown to respect and see Dr. Roy Jones Jr. as a mentor, especially as a friend. I am always intrigued by Dr. Jones as he shares his love for the Lord, his knowledge, and also his journey. Speaking of his life journey, it takes God, family, ministry, and education to understand one's personal journey. *My Journey: The Family, The Army, The Ministry, Life and Education* encourages us to stay the course despite the ups and downs of life, drawing on three phases that provide the basic combat training that promotes values. Dr. Jones has written a timely practical book fit for ministry in the twenty-first century. This is a book all pastors, leaders, and laity need to read and use as a resource for helping to press toward the goal for the prize of the upward call of God. Rev. Derrick Thorpe, DMin Pastor, First Baptist Church, Graham, North Carolina Dean of Graduate Studies Carolina Christian College, Winston-Salem, North Carolina

fort jackson basic training 2023: *Why I Serve* Cassandra Taylor, 2023-01-18 My goal for this book was to highlight fifty women veterans. But the outpouring response from the women warriors' willingness to share the reason behind their selfless service in the US Military was beyond what I could have ever imagined. These stories you are about to read will either make you laugh, cry, cheer, or get angry; they may even shock you! Just know that these women did what most women would not do, and that's serve their country. Women have been serving and loving America long before America loved her, but that never stopped the heart of a warrior. With over two million women that have served, past and present, what better way to show them homage than this? Storytelling is the best form of historical documentation, and these stories need to be told. Here is a small yet powerful introduction to sixty-eight of America's most brave and beautiful women telling their story *Why I Served*.

fort jackson basic training 2023: *Randy Wood* Daniel Wile, 2023-08-18 In the 1960s and 1970s, Randy Wood was a forerunner in the vintage instrument industry. Known as the instrument repairman to the stars, the list of Wood's clients reads like a Hall of Fame roster: Elvis Presley, Eric Clapton, Johnny Cash, Chet Atkins, Emmylou Harris, Billy Gibbons, Bill Monroe, Keith Richards, Roy Acuff, Ricky Skaggs, and Hank Williams Jr. . . . to name a few. In *Randy Wood: The Lore of the Luthier*, Daniel Wile traces the life and work of a man who quietly influenced a hidden history of bluegrass and country music. In his twenties, Wood vowed to avoid complacency in his work. What started simply as a quest to find fulfillment turned into a career that has shaped a generation of musicians, professional and amateur alike. Through his incredible gift for lutherie, Wood brought cherished pre-WWII instruments back to life, many of which were considered beyond repair. He crafted his own instruments as well, based on what he learned from vintage instruments, and these instruments found their way into the hands of some of the most renowned musicians, thanks in part to Wood's strategic location in Nashville during the resurgence of country music in the 1970s. Humble, unassuming, and unfazed by the presence of celebrities, Wood has spent his life devoted to building and repairing stringed instruments. Wood also built community. After tiring of big-city

Nashville, he retreated to the Georgia coast, where his home shop became a hub of bluegrass activity. He eventually opened a new shop near Savannah, where a new generation of friends and strangers can come in, visit, and pick a little. Randy's stories, complemented with those of his friends and family, create a compelling picture of a modest man with a talent for his craft, a genuine care for people, and the courage to follow his passion.

fort jackson basic training 2023: Chasing the Daylight Joanna Rakowski, 2023-06-07 What is it like to be part of the world's most powerful armed forces at the dawn of the 21st century? Does a military tale have to be about the men going to war? You'll find out here. Joanna is a fragile, romantic, former ballerina. After a painful rift with her beloved friend and mentor, she joins the U.S. Army. Her dream is to become an Intelligence Officer. She faces a formidable task, but she embarks on a four-year journey to accomplish her goal. The story whirls us into the center of the rigorous army training and transports us into the reality that only less than one percent of the U.S. population would ever experience.

fort jackson basic training 2023: Born to be Brave: My 56 hour battle for my life in the Olympic National Forest Stephanie Lincoln, 2023-11-26 On August 8, 2020, 40-year-old Stephanie Lincoln seemingly had the perfect life. She just had the wedding of her dreams, owned a successful business, and was traveling the country in an RV with her husband and 3 dogs. An innocent choice to go on a short hike in the Olympic National Forest became the catalyst for disaster. On that day, Stephanie officially became a Missing Person and the battle for her life ensued. Steph tells the tale of her harrowing effort to survive. Told with great suspense and style, Stephanie interweaves stories of the experiences she feels prepared her for this very moment in her life. With her salty personality and sense of humor, Born to be Brave vividly captures the terrors and triumphs of one woman forging ahead against all odds on a journey that took her to the brink of despair, and ultimately healed her. Steph's journey, and the included perspectives from her friends and family, are an inspiring tale of persistence, resilience, and the power of belief. This book will make you consider the series of circumstances that can equip you to not only survive but thrive in a terrible life event. After reading this book, you will feel like you were too, Born to be Brave.

fort jackson basic training 2023: Musings...From the Mind of a U.S. Army Drill Sergeant Eddie McCoy Chief Warrant Officer U.S. Army (Ret), 2023-11-08 People generally don't read a poem just once. When I run across a poem I like, I may read it dozens and dozens of times and will probably continue to read my favorites until I've moved on to that big drill field in the sky. Musings... is provided in print by Page Publications and will be on Amazon, Kindle, and Barnes & Noble and available for ordering in most book outlets. It contains poems, a lot of pictures, and some short stories from my time as a US Army Drill Sergeant, two tours in Vietnam and later. As with everything I write, net income from the sale of my books is donated equally between Shriners Hospital for Children and St. Jude's Children's Hospital. If you don't have a favorite charity, please consider these two. Everyone needs to share good fortune with less fortunate people, and children are an excellent choice! The final part of Musings... is something that I wrote for our son when he went off to college. I was trying to provide him with something that fit somewhere in the hidden and mysterious space between Murphy's Law and Moses and The Ten Commandments. It's called McCoy's Prescription. You can contact me anytime at edmc coy01@hotmail.com. Look for my upcoming children's book, Perry's Little Vessel, due out in the fall of 2023. Enjoy Musings...! Many times!

fort jackson basic training 2023: Behind The Mask Bettie Semaj, 2023-09-30 In "Behind the Mask", Bettie Semaj, invites readers on an intimate voyage through tapestry of her life, weaving moments of heartache, triumph and self-discovery. From the haunting echoes of her childhood traumas to the resounding chorus of personal growth, this memoir is a statement of the human spirit. Through raw, unflinching prose, it illuminates the universal struggles we all face, offering a mirror for readers to reflect on their own journeys. "Behind the Mask" is a written memoir that transcends the individual, resonating with anyone who has ever dared to confront their past and emerge stronger. It is a statement to the enduring power of a woman and a reminder that our stories

have the power to heal, inspire and connect us all.

fort jackson basic training 2023: Dissent in Wichita Gretchen Cassel Eick, 2023-12-11
Winner of the Richard L. Wentworth Prize in American History, Byron Caldwell Smith Book Prize, and the William Rockhill Nelson Award On a hot summer evening in 1958, a group of African American students in Wichita, Kansas, quietly entered Dockum's Drug Store and sat down at the whites-only lunch counter. This was the beginning of the first sustained, successful student sit-in of the modern civil rights movement, instigated in violation of the national NAACP's instructions. *Dissent in Wichita* traces the contours of race relations and black activism in this unexpected locus of the civil rights movement. Based on interviews with more than eighty participants in and observers of Wichita's civil rights struggles, this powerful study hones in on the work of black and white local activists, setting their efforts in the context of anticommunism, FBI operations against black nationalists, and the civil rights policies of administrations from Eisenhower through Nixon. Through her close study of events in Wichita, Eick reveals the civil rights movement as a national, not a southern, phenomenon. She focuses particularly on Chester I. Lewis, Jr., a key figure in the local as well as the national NAACP. Lewis initiated one of the earliest investigations of de facto school desegregation by the Department of Health, Education, and Welfare and successfully challenged employment discrimination in the nation's largest aircraft industries. *Dissent in Wichita* offers a moving account of the efforts of Lewis, Vivian Parks, Anna Jane Michener, and other courageous individuals to fight segregation and discrimination in employment, public accommodations, housing, and schools. This volume also offers the first extended examination of the Young Turks, a radical movement to democratize and broaden the agenda of the NAACP for which Lewis provided critical leadership. Through a close study of personalities and local politics in Wichita over two decades, Eick demonstrates how the tenor of black activism and white response changed as economic disparities increased and divisions within the black community intensified. Her analysis, enriched by the words and experiences of men and women who were there, offers new insights into the civil rights movement as a whole and into the complex interplay between local and national events.

fort jackson basic training 2023: Contested Valor Cameron D. McCoy, 2023-11-16
Contested Valor is a challenging examination of the use and status of black Marines in United States military service during the Cold War era. These pioneering men experienced contested military integration, as well as multiple forms of institutional and social opposition, which called their humanity, manhood, and rights to full citizenship into question. Efforts to undermine their service compromised their right to be counted among the elite and sidelined their story to the fringes of Marine Corps and U.S. history. Cameron McCoy describes the factors and pressures leading to the racial turbulence that surfaced in the Marine Corps from the end of World War II through Vietnam, and the measures taken by civilian and Marine officials to maintain and restore organizational integrity based on a foundation of white supremacy. He examines the psychological effects of institutionalized racism on African American Marines during the Vietnam era and the emergence of a new generation of black men unwilling to submit to the traditions of a Jim Crow Marine Corps. By exploring the realities American society constructed about black Marines, this work calls attention to the diverse ways in which these men coped within a strict, prejudiced organization and found greater purpose as U.S. Marines despite an embattled image. *Contested Valor* weaves the experiences of black Americans in the armed forces into the larger tapestry of the American racist past and aptly captures the dilemmas, triumphs, and pitfalls that the first African American Marines encountered during the contentious eras of World War II, Korea, and Vietnam. McCoy explores the creation of organizational policies designed to minimize their footprint as U.S. Marines until the social experiment of military integration faded and illustrates the discriminatory practices that further delegitimized their wartime reputation. McCoy demonstrates that black Marines' absence from the historical record has been compounded by the negligence and oversight of past historians as the Marine Corps reckons with its racist past and its first black Marines.

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