# 7 traits of writing

7 Traits of Writing: Unlocking the Keys to Effective Communication

7 traits of writing serve as essential pillars that guide writers toward crafting clear, engaging, and meaningful pieces. Whether you're a student working on an essay, a content creator aiming to captivate readers, or simply someone who enjoys expressing thoughts on paper, understanding these traits can transform your writing process. These traits are more than just rules; they are a framework that helps communicate ideas effectively and connect with an audience on a deeper level. Let's explore each of these seven traits and discover how they contribute to powerful writing.

# 1. Ideas: The Heart of Your Writing

Ideas form the core of any written work. Without a strong, focused idea, writing can become vague or confusing. When you first sit down to write, it's essential to have a clear understanding of what you want to say. This means brainstorming, researching, or simply reflecting on your topic until you have a solid concept to build around.

Good ideas are original, specific, and relevant to the audience. They provide fresh perspectives or valuable information that captures readers' interest. To develop strong ideas, ask yourself: What is the main message? Why does it matter? How can I make it unique?

## Tips for Generating Strong Ideas

• Use mind mapping or freewriting to explore your thoughts.

- Research your topic to find interesting facts or angles.
- · Consider your audience's needs and interests.
- Focus on one main idea per paragraph or section for clarity.

## 2. Organization: Structuring Your Thoughts Clearly

Once you have solid ideas, organizing them logically is crucial. Good organization helps readers follow your argument or narrative without getting lost. Think of organization as the roadmap that guides your audience through your writing seamlessly.

Effective organization involves a clear beginning, middle, and end. It includes using transitions to connect ideas smoothly and grouping related points together. For example, an essay might start with an introduction that presents the thesis, followed by body paragraphs that support it, and a conclusion that wraps everything up.

### **Effective Organizational Strategies**

- Create an outline before writing to plan the flow.
- Use headings and subheadings to break content into digestible parts.
- Employ transitions like "however," "for example," and "therefore" to link ideas.
- Maintain a logical progression chronological, cause and effect, or problem and solution.

## 3. Voice: Adding Personality to Your Writing

Voice is what makes your writing uniquely yours. It's the personality, tone, and style that come through in your words, making your writing feel alive and engaging. A strong voice helps establish a connection with readers and conveys your attitude toward the subject.

Voice varies depending on the purpose and audience. For instance, a conversational tone might work well in a blog post, while a formal tone suits academic papers. Developing your voice involves choosing vocabulary, sentence structure, and rhythm that reflect your individuality and resonate with readers.

### Finding and Enhancing Your Writing Voice

- Read widely to see different voices and styles.
- Practice writing in various tones to find what feels natural.
- Use personal anecdotes or humor to humanize your writing.
- Be authentic-write as you speak to maintain a genuine voice.

## 4. Word Choice: Selecting the Right Language

Choosing the right words can elevate your writing from bland to brilliant. Word choice involves using vocabulary that accurately conveys your message and evokes the desired emotions in readers.

Precise, vivid words make writing more interesting and easier to understand.

Avoid clichés, jargon, or overly complex words that might confuse your audience. Instead, opt for clear and concise language that fits the context. Strong verbs and specific nouns often paint a clearer picture than vague adjectives or adverbs.

#### How to Improve Your Word Choice

- Use a thesaurus to find synonyms but choose words that fit naturally.
- Read your writing aloud to check if the language sounds natural.
- Replace weak verbs like "went" or "did" with more descriptive verbs such as "strode" or "crafted."
- Be mindful of connotations—words carry emotional weight beyond their definitions.

## 5. Sentence Fluency: Creating a Smooth Reading Experience

Sentence fluency refers to the rhythm and flow of your writing. When sentences vary in length and structure, the writing feels more dynamic and engaging. If sentences are choppy or repetitive, readers might find the text dull or difficult to follow.

Good sentence fluency ensures that writing sounds natural, like spoken language, while maintaining clarity. Techniques like using conjunctions, varying sentence openings, and combining short sentences

can enhance fluency.

## Ways to Enhance Sentence Fluency

- Mix short, punchy sentences with longer, more complex ones.
- Use transition words to link ideas smoothly.
- Read your work aloud to detect awkward phrasing or monotony.
- Avoid repetitive sentence patterns that can bore readers.

## 6. Conventions: Mastering Grammar and Mechanics

Conventions are the rules of writing, including grammar, punctuation, spelling, and capitalization.

Mastering conventions ensures your writing is professional and easy to understand. Mistakes in this area can distract readers or diminish your credibility.

Paying attention to conventions doesn't mean your writing has to be dull—rather, it helps your ideas shine without confusion. Proofreading and editing are key steps to catch and correct errors before sharing your work.

### **Tips for Polishing Conventions**

- Use grammar-check tools but don't rely on them entirely.
- Read your writing backward, sentence by sentence, to focus on errors.
- Brush up on common grammar rules, like subject-verb agreement and comma usage.
- · Ask peers or mentors to review your work for a fresh perspective.

## 7. Presentation: Enhancing Visual Appeal and Readability

Presentation is often overlooked but plays a vital role in how writing is received. It involves the visual layout, font choice, spacing, and overall formatting of your text. Good presentation makes reading easier and more enjoyable, encouraging readers to engage fully.

In digital writing, this might include the use of headings, bullet points, images, and appropriate paragraph breaks. In printed work, neat handwriting or clear typesetting contributes to professionalism.

## Ways to Improve Presentation

- Use headings and subheadings to organize content visually.
- Incorporate white space to avoid cluttered pages.
- · Choose readable fonts and sufficient font size.
- · Align text consistently and use proper margins.

Understanding these seven traits of writing empowers anyone to develop stronger, more effective communication skills. By focusing on ideas, organization, voice, word choice, sentence fluency, conventions, and presentation, your writing can become clearer, more engaging, and more impactful. Keep practicing and revisiting these traits as you write, and you'll find your confidence and competence growing with every word.

## Frequently Asked Questions

## What are the 7 traits of writing?

The 7 traits of writing are Ideas, Organization, Voice, Word Choice, Sentence Fluency, Conventions, and Presentation.

### Why are the 7 traits of writing important for students?

The 7 traits of writing provide a clear framework for students to develop and improve their writing skills by focusing on key elements that make writing effective and engaging.

### How can teachers use the 7 traits of writing in the classroom?

Teachers can use the 7 traits as a guide for instruction, assessment, and feedback, helping students understand strengths and areas for improvement in their writing.

## What does the 'Voice' trait mean in the 7 traits of writing?

The 'Voice' trait refers to the writer's unique style and personality shining through the writing, making it authentic and engaging for the reader.

## How does 'Organization' affect the quality of writing?

Organization ensures that ideas are presented in a logical order, with clear beginnings, middles, and

endings, making the writing easy to follow and understand.

### Can the 7 traits of writing be applied to all types of writing?

Yes, the 7 traits are versatile and can be applied to narrative, persuasive, expository, and descriptive writing to enhance clarity and effectiveness.

### What strategies can improve 'Word Choice' in writing?

Improving 'Word Choice' involves using precise, vivid, and appropriate vocabulary that conveys meaning clearly and creates imagery for the reader.

### How does 'Conventions' impact the readability of a piece of writing?

'Conventions' cover grammar, spelling, punctuation, and capitalization; proper use of these ensures the writing is polished and easy to read.

#### **Additional Resources**

7 Traits of Writing: A Detailed Exploration of the Core Elements

7 traits of writing represent a foundational framework widely adopted by educators, writers, and editors to evaluate and enhance written communication. These traits encompass the essential qualities that collectively determine the effectiveness, clarity, and impact of a piece of writing. Understanding and mastering these seven attributes can elevate a writer's craft, ensuring their message resonates with readers while maintaining structural integrity and stylistic finesse.

In the realm of writing assessment and pedagogy, the 7 traits serve as guiding pillars that dissect the multifaceted nature of writing into manageable and teachable components. Rooted in decades of research and practice within literacy education, these traits help pinpoint strengths and areas for improvement across various genres and contexts. This article investigates each trait in depth, considering their relevance in contemporary writing environments, including digital content creation and

professional communication.

## The Seven Traits of Writing: An In-Depth Analysis

The 7 traits of writing are commonly identified as Ideas, Organization, Voice, Word Choice, Sentence Fluency, Conventions, and Presentation. Each trait plays a distinct role but interacts synergistically with the others to produce coherent, engaging, and polished text.

### 1. Ideas: The Heart of the Message

Ideas refer to the core content and meaning conveyed by the writer. This trait evaluates the clarity, originality, and depth of the subject matter. Strong ideas arise from insightful thinking and thorough exploration of the topic, offering readers valuable information or compelling narratives. In professional writing, well-developed ideas are essential for maintaining audience interest and supporting persuasive arguments.

For example, a business report rich in relevant data and concrete examples demonstrates strong idea development. Conversely, vague or superficial content can lead to reader disengagement. Writers often struggle with idea generation, but effective brainstorming and research strategies can enhance this trait significantly.

### 2. Organization: Structuring the Narrative

Organization pertains to the logical arrangement of ideas and the overall flow of the text. A well-organized piece guides readers through the content smoothly, using clear introductions, transitions, and conclusions. This trait is critical in ensuring that the writing's structure supports comprehension and keeps the audience engaged.

In academic essays, for instance, traditional organization follows a clear thesis statement, supporting paragraphs, and a summarizing conclusion. In contrast, creative writing might employ a nonlinear structure for artistic effect, but even then, coherence remains vital. Poor organization often results in confusion, diminishing the writing's impact regardless of the quality of the ideas presented.

#### 3. Voice: The Writer's Unique Expression

Voice captures the writer's personality and tone as conveyed through their words. This trait distinguishes writing by infusing it with character, making it relatable and authentic to readers. Whether formal, conversational, humorous, or authoritative, the voice must be appropriate to the purpose and audience.

In marketing copy, a confident and persuasive voice can significantly influence consumer behavior.

Similarly, journalistic writing demands an objective yet engaging voice to maintain credibility.

Developing a strong voice requires an understanding of audience expectations and consistent practice in adapting style accordingly.

## 4. Word Choice: Precision and Impact

Word choice involves selecting the most effective and precise vocabulary to communicate ideas clearly and vividly. This trait affects the tone, clarity, and emotional resonance of the writing. Skilled writers carefully choose words that enhance meaning without redundancy or ambiguity.

For example, replacing generic terms with specific, descriptive language can transform mundane sentences into compelling narratives. However, overuse of complex or obscure words may alienate readers, highlighting the need for balance. In SEO writing, strategic keyword integration within natural word choice improves visibility without compromising readability.

#### 5. Sentence Fluency: Rhythm and Flow

Sentence fluency refers to the smoothness and rhythm of sentences and how well they connect to one another. This trait emphasizes varied sentence structure, length, and pacing to create a pleasing and readable cadence. Fluent writing allows readers to glide through the text effortlessly, enhancing engagement.

Monotonous or choppy sentences can disrupt reading flow, causing frustration or loss of interest.

Effective use of transitional phrases and diverse syntactic patterns contributes to sentence fluency. In digital content, where reader attention spans are limited, maintaining sentence fluency is crucial for retaining audience interest.

#### 6. Conventions: Grammar, Spelling, and Mechanics

Conventions encompass the technical correctness of writing, including grammar, punctuation, spelling, and usage. This trait ensures that writing adheres to standardized rules, supporting clarity and professionalism.

Errors in conventions can distract readers and undermine the writer's credibility. While minor mistakes are common, consistent accuracy is expected in formal and published works. The rise of automated grammar tools has aided writers in maintaining conventions, but human oversight remains essential to catch nuanced errors.

## 7. Presentation: Visual Appeal and Format

Presentation involves the physical appearance and formatting of the written work. This includes aspects such as font choice, spacing, paragraph alignment, headings, and overall layout. Presentation influences first impressions and reader accessibility.

In digital publishing, responsive design and multimedia integration have expanded the scope of presentation beyond traditional print considerations. Clear, aesthetically pleasing presentation aids readability and reinforces the writing's professionalism. Neglecting presentation can diminish the perceived quality of content regardless of its textual merit.

## Interrelation and Application of the Traits

The 7 traits of writing do not function in isolation. Effective writing emerges from the harmonious integration of all seven. For instance, rich ideas paired with poor organization can confuse readers, while excellent word choice cannot compensate for weak sentence fluency. Similarly, a strong voice may be compromised by frequent grammatical errors.

Educators and professional editors often use rubrics based on these traits to provide targeted feedback. This approach allows writers to systematically improve specific aspects of their work. Moreover, the framework is adaptable across genres, from academic papers and business communications to creative fiction and digital content marketing.

In the context of search engine optimization (SEO), the 7 traits intersect with online writing best practices. Clear organization and concise ideas improve user experience, while varied sentence structures maintain engagement. Proper conventions ensure professionalism, and effective presentation optimizes content for both desktop and mobile devices. Additionally, thoughtful word choice facilitates natural keyword integration, enhancing discoverability without resorting to keyword stuffing.

## Enhancing Writing Through the 7 Traits

Developing proficiency in the 7 traits requires deliberate practice and critical self-evaluation. Writers can employ several strategies to enhance each trait:

- Idea Development: Engage in thorough research and brainstorming sessions to expand topic depth.
- 2. Organizational Techniques: Use outlines and mapping tools to structure content logically.
- 3. Voice Cultivation: Experiment with tone variations tailored to different audiences and purposes.
- 4. Vocabulary Building: Read widely and maintain a personal thesaurus to refine word choice.
- 5. Sentence Variety: Practice combining short, medium, and long sentences to improve fluency.
- 6. Conventions Mastery: Regularly review grammar rules and utilize proofreading tools.
- 7. **Presentation Skills:** Familiarize with formatting standards and leverage design principles for readability.

Such targeted approaches not only improve individual traits but also collectively raise the quality and professionalism of writing.

Exploring the 7 traits of writing reveals their enduring value as both evaluative criteria and developmental goals. As communication channels evolve, these foundational elements continue to guide writers toward clarity, engagement, and effectiveness. Whether crafting a technical report, composing a blog post, or penning a novel, attention to these traits remains indispensable in producing compelling and credible written work.

## **7 Traits Of Writing**

Find other PDF articles:

 $\underline{http://142.93.153.27/archive-th-021/files?ID=UXu13-6400\&title=organic-chemistry-synthesis-practic}$ 

7 traits of writing: <u>Traits of Good Writing Tracie Heskett</u>, 2006-02-28 Emphasize the process of writing with practical, hands-on activities for each of the following writing traits: Ideas and Content, Word Choice, Fluency, Voice, Organization, Conventions, and Presentation. Each trait section includes student samples and reproducible student pages.

7 traits of writing: Getting to the Core of Writing Richard Gentry, Jan McNeel, Vickie Wallace-Nesler, 2012-06-01 Inspire students to develop as writers in the fourth grade classroom with these engaging and creative writing lessons. This classroom-tested resource shows positive results in students' writing and simplifies the planning of writing instruction. It contains detailed information on how to establish and manage daily Writer's Workshop and includes consistent, structured instruction to encourage students to actively participate in the writing process. Specific lessons to help students develop the traits of quality writing are also included. This resource develops college and career readiness skills and is aligned to today's standards.

7 traits of writing: Being and Becoming Teachers of Writing Andrew P. Johnson, 2024-04-16 This engaging, inviting textbook from a renowned expert in writing education provides all the knowledge, pedagogical strategies, and tools needed to enable any teacher to be an effective teacher of writing. Using the five-step writing process as a foundation, the text describes how to teach the necessary skills related to grammar, spelling, punctuation, and other writing mechanics, and addresses all major genres and stages of writing. Written in an authentic voice that exemplifies good writing, Johnson presents a variety of pragmatic, research-based strategies that support students' writing development and encourage teachers to apply their own creativity and intelligence in the classroom. This is an essential text for courses in writing instruction, literacy methods, and teaching English Language Arts (ELA).

7 traits of writing: Power Practice: Traits of Good Writing, Gr. 6-8, eBook Carla Hamaguchi, 2004-09-01 Offers exercises for brainstorming, main ideas and details, using descriptive words, sequencing, recognizing cause and effect and using correct punctuation.

7 traits of writing: Writing Lesson Level 4--Traits Team Checklist Richard Gentry, Ph.D., Jan McNeel, M.A.Ed., 2014-02-01 Incorporate writing instruction in your classroom as an essential element of literacy development while implementing best practices. Simplify the planning of writing instruction and become familiar with the Common Core State Standards of Writing.

7 traits of writing: <u>Writing Lesson Level 5--Organizing the Writer's Notebook</u> Richard Gentry, Ph.D., Jan McNeel, M.A.Ed., 2014-02-01 Incorporate writing instruction in your classroom as an essential element of literacy development while implementing best practices. Simplify the planning of writing instruction and become familiar with the Common Core State Standards of Writing.

7 traits of writing: <u>Selected Characteristics of Occupations by Worker Traits and Physical Strength</u> United States Employment Service, 1968

7 traits of writing: Writing in the Content Areas, Grade 6 Garth Sundem, 2006-07-26 Provides techniques, lessons plans, and ready-to-use assignments to help integrate the traits of good writing into all areas of the curriculum.

7 traits of writing: 180 DaysTM: Reading for Kindergarten Suzanne Barchers, 2013-01-01 Help kindergarten students improve their reading skills with fun and effective daily practice activities. 180 Days™: Reading for Kindergarten Introduces new words to practice foundational reading skills Boosts students' confidence in reading with quick learning activities focusing on vocabulary and fluency skills Makes at-home learning, whole class instruction, or small group support, quick and easy Includes standards-based activities, easy to follow instructions, and an answer key to quickly assess student understanding Parents appreciate the teacher-approved activity books that keep their child engaged and learning. Great for homeschooling, to reinforce learning at school, or prevent learning loss over summer. Teachers rely on the daily practice workbooks to save them valuable

time. The ready to implement activities are perfect for daily morning review or homework. The activities can also be used for intervention skill building to address learning gaps.

7 traits of writing: Writing Lesson Level 4--Organizing the Writer's Notebook Richard Gentry, Ph.D., Jan McNeel, M.A.Ed., 2014-02-01 Incorporate writing instruction in your classroom as an essential element of literacy development while implementing best practices. Simplify the planning of writing instruction and become familiar with the Common Core State Standards of Writing.

7 traits of writing: Getting to the Core of Writing: Essential Lessons for Every Third Grade Student Richard Gentry, Jan McNeel, 2012-06-01 Inspire students to develop as writers in the third grade classroom with these engaging and creative writing lessons. This classroom-tested resource shows positive results in students' writing and simplifies the planning of writing instruction. It contains detailed information on how to establish and manage daily Writer's Workshop and includes consistent, structured instruction to encourage students to actively participate in the writing process. Specific lessons to help students develop the traits of quality writing are also included.

7 traits of writing: Writing Lesson Level 3--Organizing the Writer's Notebook Richard Gentry, Ph.D., Jan McNeel, M.A.Ed., 2014-02-01 Incorporate writing instruction in your classroom as an essential element of literacy development while implementing best practices. Simplify the planning of writing instruction and become familiar with the Common Core State Standards of Writing.

7 traits of writing: Writing Lesson Level 6--Organizing the Writer's Notebook Richard Gentry, Ph.D., Jan McNeel, M.A.Ed., 2014-02-01 Incorporate writing instruction in your classroom as an essential element of literacy development while implementing best practices. Simplify the planning of writing instruction and become familiar with the Common Core State Standards of Writing.

7 traits of writing: Getting to the Core of Writing: Essential Lessons for Every Fifth Grade Student Richard Gentry, Jan McNeel, 2012-06-01 Inspire students to develop as writers in the fifth grade classroom with these engaging and creative writing lessons. This classroom-tested resource shows positive results in students' writing and simplifies the planning of writing instruction. It contains detailed information on how to establish and manage daily Writer's Workshop and includes consistent, structured instruction to encourage students to actively participate in the writing process. Specific lessons to help students develop the traits of quality writing are also included.

7 traits of writing: Traits of Good Writing, Grades 3-4 Tracie Heskett, 2006-02-28 Emphasize the process of writing with practical, hands-on activities for each of the following writing traits: Ideas and Content, Word Choice, Fluency, Voice, Organization, Conventions, and Presentation. Each trait section includes student samples and reproducible student pages.

7 traits of writing: Getting to the Core of Writing: Essential Lessons for Every Sixth Grade Student Richard Gentry, Jan McNeel, 2012-10-01 Inspire students to develop as writers in the sixth grade classroom with these engaging and creative writing lessons. This classroom-tested resource shows positive results in students' writing and simplifies the planning of writing instruction. It contains detailed information on how to establish and manage daily Writer's Workshop and includes consistent, structured instruction to encourage students to actively participate in the writing process. Specific lessons to help students develop the traits of quality writing are also included.

7 traits of writing: Getting to the Core of Writing: Essential Lessons for Every Second Grade Student Richard Gentry, Jan McNeel, 2012-06-01 Inspire students to develop as writers in the second grade classroom with these engaging and creative writing lessons. This classroom-tested resource shows positive results in students' writing and simplifies the planning of writing instruction. It contains detailed information on how to establish and manage daily Writer's Workshop and includes consistent, structured instruction to encourage students to actively participate in the writing process. Specific lessons to help students develop the traits of quality writing are also

included.

7 traits of writing: Teaching Kids with Learning Difficulties in Today's Classroom Susan Winebrenner, Lisa Kiss, 2017-02-28 A gold mine of practical, easy-to-use teaching methods, strategies, and tips to improve learning outcomes for students who score below proficiency levels. This fully revised and updated third edition of Teaching Kids with Learning Difficulties in Today's Classroom provides information on integrated learning, problem solving, and critical thinking in line with Common Core State Standards and 21st-century skills. It reflects the use of technology and schoolwide cluster grouping in support of all students and includes proven, practical, classroom-tested strategies and step-by-step instructions for how to use them. Sidebars throughout highlight special information for working with students on the autism spectrum; "tech tips" describe technologies that are especially useful for kids with LD. Digital content includes all of the book's customizable forms, additional content organization charts, and a PDF presentation for book study groups and professional development.

7 traits of writing: Second Language Writing Research Paul Kei Matsuda, Tony Silva, 2014-04-08 This book consists of original chapters on various methodological issues in second language writing research.

7 traits of writing: Using the Six Trait Writing Model Tracie Heskett, 2001-02 Six analytic traits identified for use in instructing and assessing student writing are outlined here. Five daily lessons for each of the six traits.

## Related to 7 traits of writing

n"nnnnnnnn7nnn"

- n"nnnnnnnn7nnnn" 000 **7** 000000000 **7** 00 **7Pro** 07+Gen3/0 8sGen302K000000000000008700151%/163% 0 000 **7** 0 **7pro** 000000 - 00 00000 10000 000700000007+0000 0007pro00000000880000 20000 00**pad7**000007000007000000 - 00 000MI0000007 11.2000000 3.2K000 00 00OS 2 000000 00pad7 OOOUltra 5 225HOUltra 7 255HOUltra 9 285HOOOOO OOOO Ultra 9 285HOUltra 7 255HOOOOOO 00**7 8845H**00000000000**7 8745H**000000 007 8845H000000000 007 8845H000000  $[i7-13700H_{\Boxi7-14650HX_{\Box}]$
- 000 **7** 0 **7pro** 000000 00 00000 10000 00007000000007+0000 00007pro000000000880000 20000 0000700045W00000 00007pro00000000

000 **7** 000000000 **7** 00 **7Pro** 07+Gen3/0 8sGen302K000000000000008700151%/163% 0

- **pad7**00000**7**000000 00 000MI0000007 11.200000 3.2K000 00 00OS 2 000000 00pad7

- **7 8845H**000000000**7 8745H**0000 007 8845H00000000 007 8845H00000000147-13700H0

- **7** 000000000 **7** 00 **7Pro** 07+Gen3/0 8sGen302K0000000000008700151%/163% 0 00003:200000000000
- **7** 0 **7pro** 000000 00 00000 10000 00007000000007+0000 00007pro000000008s000 20000 0000700045W0000 00007pro00000000
- **pad7**00000**7**000000 00 000MI0000007 11.200000 3.2K00 00 00OS 2 00000 00pad7

- **7 8845H**000000000**7 8745H**0000 007 8845H00000000 007 8845H0000000147-13700H0

- **7** 0 **7pro** 000000 00 00000 10000 0000700000007+0000 00007pro000000008s000 20000 0000700045W00000 00007pro00000000

- **7 8845H**0000000000**7 8745H**0000 007 8845H00000000 007 8845H0000000017-13700H0

0"0000000070000" 000 7 00000000 7 00 7Pro 007+Gen3/00 8sGen3002K00000000000000008700151%/163% 0 000 **7** 0 **7pro** 000000 - 00 00000 10000 00007000000007+0000 00007pro000000000880000 20000 000700045W00000 00007pro0000000 OOOUltra 5 225HOUltra 7 255HOUltra 9 285HOOOOO OOOO Ultra 9 285HOUltra 7 255HOOOOOO 00**7 8845H**0000000000**7 8745H**00000 007 8845H000000000 007 8845H000000000 

Back to Home: http://142.93.153.27