

the last time we say goodbye cynthia hand

The Last Time We Say Goodbye Cynthia Hand: A Deep Dive into the Heartfelt Novel

the last time we say goodbye cynthia hand is a poignant and emotionally charged novel that has resonated deeply with readers around the world. Written by Cynthia Hand, known for her ability to weave complex emotions with relatable characters, this book explores themes of grief, family, and healing in a way that feels both intimate and universal. If you're looking for a heartfelt story that tackles difficult topics with sensitivity and hope, this novel is a must-read.

Understanding the Core of The Last Time We Say Goodbye

At its heart, the novel follows the story of Lex, a high school senior struggling to come to terms with the sudden loss of her brother, Tyler. Cynthia Hand masterfully captures the raw emotions associated with losing a loved one to suicide, a subject often shrouded in stigma and silence. Rather than shying away from the pain, the book confronts it head-on, giving readers a chance to empathize with Lex's journey through grief and acceptance.

What sets this novel apart is how it portrays the complexity of healing. It's not a linear process, and Cynthia Hand's nuanced writing reflects that reality. Lex's experiences oscillate between moments of anger, guilt, sorrow, and tentative hope, making the story feel authentic and deeply human.

Why Cynthia Hand's Approach to Suicide and Grief Stands Out

Cynthia Hand's background in writing young adult fiction gives her a unique perspective on addressing heavy topics in an accessible way. *The last time we say goodbye* Cynthia Hand doesn't preach or offer easy answers; instead, it invites readers to sit with discomfort and understand the multifaceted nature of grief.

The book also emphasizes the importance of communication and support systems. Lex's interactions with her family, friends, and therapists highlight the different ways people cope and the value of seeking help. This can be particularly insightful for teens and young adults who may be grappling with similar feelings or know someone who is.

Characters and Their Emotional Journeys

One of the strengths of *The Last Time We Say Goodbye* Cynthia Hand is its well-developed characters. Each person in Lex's life plays a significant role in her healing process, showing that grief is often a shared experience.

Lex: The Protagonist's Struggle and Growth

Lex is portrayed with remarkable depth. Her internal battle between wanting to move forward and feeling tethered to her brother's memory is something many readers find relatable. Cynthia Hand carefully explores Lex's coping mechanisms, from avoidance to confrontation, painting a realistic picture of what it means to endure loss.

Supporting Characters and Their Impact

Tyler, though gone, remains a central figure through Lex's memories and reflections. Meanwhile, Lex's parents exhibit different ways of managing their grief, which sometimes causes tension but also moments of profound connection. Friends and counselors offer varied perspectives, reinforcing the idea that healing is rarely a solitary path.

Thematic Elements That Resonate

Exploring the last time we say goodbye Cynthia Hand brings up several key themes that enrich the narrative and offer readers meaningful takeaways.

Grief and Healing

The novel's honest portrayal of grief defies clichés. It acknowledges that healing doesn't mean forgetting but finding a way to live with loss. This theme encourages readers to be patient with themselves and others during difficult times.

Mental Health Awareness

By addressing suicide openly, Cynthia Hand contributes to mental health awareness among young adults. The book emphasizes the importance of recognizing warning signs, seeking support, and breaking the silence surrounding mental illness.

The Power of Family and Community

Although grief can isolate, the story shows that connection and understanding within families and communities are crucial for recovery. Even when communication is challenging, love and support provide a foundation for resilience.

How The Last Time We Say Goodbye Cynthia Hand Can Help Readers

This novel is more than just a story; it can be a tool for empathy and education.

- **For Teens:** It normalizes feelings of grief and equips them with language to express their emotions.
- **For Parents and Educators:** It offers insight into how young people experience loss and the importance of open dialogue.
- **For Mental Health Advocates:** It serves as a resource to start conversations about suicide prevention and coping strategies.

Tips for Readers Approaching This Book

Given the sensitive nature of the subject, readers might find it helpful to:

1. Read the novel at their own pace, allowing time to process emotions.
2. Discuss the book with trusted friends, family, or counselors.
3. Use the story as a starting point to learn more about mental health resources.

The Last Time We Say Goodbye Cynthia Hand in the Context of Young Adult Literature

Cynthia Hand's novel fits within a growing trend in YA literature that tackles tough issues with honesty and compassion. Unlike earlier YA books that might have glossed over or sensationalized topics like suicide, this story offers a respectful and realistic portrayal.

This approach not only helps destigmatize mental health challenges but also provides readers with characters they can relate to and learn from. The success and impact of *The Last Time We Say Goodbye Cynthia Hand* highlight the importance of diverse narratives that reflect the complexities of adolescent life.

Comparisons and Complementary Reads

If you appreciate Cynthia Hand's style in this novel, you might also be interested in books like:

- *Thirteen Reasons Why* by Jay Asher – another novel that deals with suicide and its effects.
- *All the Bright Places* by Jennifer Niven – focusing on mental health struggles among teens.
- *The Fault in Our Stars* by John Green – exploring love and loss in young adulthood.

These books, along with *The Last Time We Say Goodbye* by Cynthia Hand, contribute to a broader understanding of youth experiences with grief and mental health.

The emotional journey that Cynthia Hand presents in *The Last Time We Say Goodbye* offers readers a heartfelt exploration of loss, resilience, and the enduring bonds of family. Its candid and compassionate storytelling continues to make an impact, encouraging empathy and open conversations around some of the most challenging aspects of life.

Frequently Asked Questions

What is the main theme of 'The Last Time We Say Goodbye' by Cynthia Hand?

The main theme of the novel is coping with grief and loss, as it explores the emotional journey of a teenager dealing with her brother's suicide.

Who is the protagonist in 'The Last Time We Say Goodbye' and what challenges does she face?

The protagonist is Lex, a high school senior who struggles with guilt, anger, and sadness after her brother's unexpected suicide, and she works through these emotions throughout the story.

How does Cynthia Hand portray mental health issues in 'The Last Time We Say Goodbye'?

Cynthia Hand sensitively portrays mental health by showing the complexities of depression and suicide through Lex's perspective, emphasizing the importance of understanding, support, and communication.

What role does family play in 'The Last Time We Say

Goodbye'?

Family dynamics are central to the story, highlighting how Lex and her family members each cope differently with their loss, and how their relationships evolve as they navigate grief together.

Is 'The Last Time We Say Goodbye' suitable for young adult readers?

Yes, it is a young adult novel that deals with mature themes in a thoughtful way, making it appropriate for older teens and young adults, especially those interested in stories about emotional healing and mental health awareness.

Additional Resources

The Last Time We Say Goodbye Cynthia Hand: A Thoughtful Exploration of Grief and Healing

the last time we say goodbye cynthia hand is a poignant novel that delves deep into the complexities of loss, grief, and the path toward healing. Authored by Cynthia Hand, known for her ability to weave emotional depth with compelling storytelling, this work stands out as a significant contribution to contemporary young adult literature. In this article, we examine the novel's themes, narrative techniques, character development, and its reception among readers and critics alike, providing a comprehensive understanding of why this book resonates so profoundly.

Understanding the Core Themes in The Last Time We Say Goodbye

At its heart, the novel navigates the turbulent waters of grief following the sudden death of the protagonist's brother. Cynthia Hand approaches this sensitive subject matter with nuance, avoiding melodrama and instead offering an honest portrayal of the emotional aftermath that many readers may find relatable.

Grief and Emotional Authenticity

One of the most compelling aspects of the last time we say goodbye cynthia hand is its authentic representation of grief. The protagonist's journey is not linear; it captures the fluctuating emotions of anger, denial, sadness, and ultimately, acceptance. This realistic depiction sets the book apart from other young adult novels that sometimes simplify the grieving process.

Family Dynamics and Communication

The novel also sheds light on how grief impacts family relationships. It shows how the characters struggle to communicate their pain, often resulting in misunderstandings or emotional distance. This

exploration of familial bonds adds a layer of complexity to the narrative, emphasizing that grief is not only a solitary experience but one that affects everyone connected to the loss.

Narrative Style and Characterization

Cynthia Hand's writing style in *The Last Time We Say Goodbye* is both accessible and evocative. She employs a first-person perspective that immerses readers directly into the protagonist's mind, making the emotional turmoil more immediate and palpable.

Protagonist's Voice and Development

The protagonist's voice is raw and honest, a critical factor in engaging young adult readers who value authenticity. Throughout the novel, readers witness significant character growth, as the protagonist grapples with guilt, responsibility, and the search for meaning after tragedy. This development is neither rushed nor forced, allowing for a believable progression that many readers find inspiring.

Supporting Characters and Their Roles

Supporting characters in the novel serve as mirrors and foils to the protagonist's experience. Each plays a distinct role in highlighting different facets of grief and coping mechanisms. From friends offering support to family members struggling with their own pain, Cynthia Hand crafts a diverse cast that enriches the narrative and broadens its emotional scope.

Comparative Analysis: The Last Time We Say Goodbye and Other Contemporary YA Novels

When compared to other young adult novels addressing grief, such as John Green's *The Fault in Our Stars* or Jenny Han's *To All the Boys I've Loved Before* series, *The Last Time We Say Goodbye* by Cynthia Hand offers a more introspective and somber exploration. Unlike some contemporaries that blend romance with tragedy, Hand's work primarily focuses on internal emotional processing, making it a valuable read for those seeking depth over escapism.

Strengths in Thematic Depth

While many YA novels touch on loss, few delve as deeply into the psychological and emotional ramifications as this novel does. It avoids clichés and instead portrays grief as a multifaceted experience, which may appeal to readers looking for a more realistic narrative.

Potential Limitations

Some readers may find the pacing slower compared to more plot-driven YA novels, as the book prioritizes emotional exploration over external action. Additionally, readers seeking uplifting or hopeful outcomes may find the novel's tone heavy or melancholic at times.

Reader Reception and Critical Acclaim

The last time we say goodbye cynthia hand has received praise for its sensitive handling of difficult themes. Reviews frequently highlight the book's emotional honesty and the author's skill in crafting relatable characters. Online platforms, such as Goodreads and literary blogs, reflect a predominantly positive response, with many readers expressing how the novel helped them process their own experiences with loss.

Impact on Young Adult Literature

This novel contributes to a growing trend in YA literature that prioritizes mental health and emotional well-being. By addressing grief head-on, it encourages conversations about death and mourning, topics often considered taboo for younger audiences.

Award Nominations and Recognitions

While not necessarily a mainstream bestseller, the last time we say goodbye has garnered attention in literary circles for its mature themes and compassionate storytelling, earning nominations for awards recognizing young adult fiction that tackles mental health and emotional resilience.

Essential Features of The Last Time We Say Goodbye Cynthia Hand

- **Genre:** Young Adult Contemporary Fiction
- **Primary Themes:** Grief, family dynamics, healing, mental health
- **Narrative Style:** First-person, introspective, emotionally driven
- **Target Audience:** Teens and young adults coping with loss or interested in emotional realism
- **Publication Details:** Published in the mid-2010s, contributing to modern YA discussions

The last time we say goodbye cynthia hand provides a compelling exploration of one of life's most challenging experiences. Its focus on emotional authenticity and family relationships makes it a noteworthy addition to the young adult genre. For readers seeking literature that does not shy away from difficult emotions, this novel offers a thoughtful, nuanced portrayal that lingers long after the final page.

The Last Time We Say Goodbye Cynthia Hand

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the last time we say goodbye cynthia hand: The Last Time We Say Goodbye Cynthia Hand, 2016-02-09 For use in schools and libraries only. Forced to confront locked-away feelings about her brother's suicide after estranging herself from her friends and family, Lex faces unexpected challenges in her efforts to heal and move on.

the last time we say goodbye cynthia hand: The Last Time We Say Goodbye Cynthia Hand, 2016-02-09 After her younger brother, Tyler, commits suicide, Lex struggles to work through her grief in the face of a family that has fallen apart, the sudden distance between her and her friends, and memories of Tyler that still feel all too real.

the last time we say goodbye cynthia hand: Suicide in Modern Literature Josefa Ros Velasco, 2022-01-01 This book analyzes the social and contextual causes of suicide, the existential and philosophical reasons for committing suicide, and the prevention strategies that modern fictional literature places at our disposal. They go through the review of Modern fictional literature, in the American and European geographical framework, following the rationales that modern literature based on fiction can serve the purpose of understanding better the phenomenon of suicide, its most inaccessible impulses, and that has the potential to prevent suicide. From the turn of the 20th century to the present, debates over the meaning of suicide became a privileged site for efforts to discover the reasons why people commit suicide and how to prevent this behavior. Since the French sociologist and philosopher Émile Durkheim published his study *Suicide: A Study in Sociology* in 1897, a reframing of suicide took place, giving rise to a flourishing group of researchers and authors devoting their efforts to understand better the causes of suicide and to the formation of suicide prevention organizations. A century later, we still keep on trying to reach such an understanding of suicide, the nature, and nuances of its modern conceptualization, to prevent suicidal behaviors. The question of what suicide means in and for modernity is not an overcome one. Suicide is an act that touches all of our lives and engages with the incomprehensible and unsayable. Since the turn of the millennium, a fierce debate about the state's role in assisted suicide has been adopted. Beyond the discussion as to whether physicians should assist in the suicide of patients with unbearable and hopeless suffering, the scope of the suicidal agency is much broader concerning general people wanting to die.

the last time we say goodbye cynthia hand: Young Adult Literature: From Romance to Realism, Third Edition Michael Cart, 2017-11-21

the last time we say goodbye cynthia hand: Mental Illness in Young Adult Literature Kia Jane Richmond, 2018-12-07 This book explores how mental illness is portrayed in 21st-century young adult fiction and how selected works can help teachers, librarians, and mental health professionals to more effectively address the needs of students combating mental illness. *Mental Illness in Young*

Adult Literature: Exploring Real Struggles through Fictional Characters highlights American young adult literature published since the year 2000 that features characters grappling with mental illness. Chapters focus on mental disorders identified by the most recent Diagnostic and Statistical Manual of Mental Disorders (DSM-5), including anxiety, depression, bipolar disorder, schizophrenia, ADHD, and OCD. Each chapter begins with a description of a mental illness that includes its prevalence, demographic trends, symptoms, related disorders, and treatment options before examining a selection of young adult texts in depth. Analysis of the texts explores how a mental illness manifests for a particular character, how that character perceives him- or herself and is perceived by others, and what treatment or support he or she receives. The connections between mental illness and race, ethnicity, gender, sexuality, and identity are examined, and relevant research from education, psychology, and adolescent health is thoroughly integrated. Each chapter also provides a list of additional readings. An appendix offers strategies for integrating young adult literature into health curricula and other programs.

the last time we say goodbye cynthia hand: The Anti Life Series Box Set Allen Kuzara, 2019-04-29 Collected for the first time, read the complete three-book box set of the Anti Life series! Ride shotgun with Colonel John Alvarez as he goes head to head with anti-life, a foe too great to merely be called an enemy. It's more than humanity's nemesis; anti-life promises to destroy life itself. How do you kill something that isn't alive? And how can you win after you've already lost? Find out in Allen Kuzara's sci-fi adventure full of page-turning action, galactic battles, political deception, heart-wrenching tragedy, and courageous hope.

the last time we say goodbye cynthia hand: Serving Teens with Mental Illness in the Library Deborah K. Takahashi, 2019-04-10 As a teen librarian, you are more likely than not to encounter teens with mental health issues. Will you know how to help them? This guide explains what to do and what not to do. Mental illness among teens has risen to epidemic levels. When mental health issues come to the library, what is the librarian's role? This book asserts that you don't have to be a social worker or mental health professional to provide guidance to teens with mental health issues. By creating collections that contain mental health resources, working with community partners, and initiating dialogues with library patrons that de-stigmatize mental illness, you can serve a positive and proactive role in helping teens to get help. This book provides readers with practical guidelines for building collections, programs, and services that support teens experiencing mental health challenges and explains how to create a supportive, welcoming environment in the library. In addition, it shows how to forge partnerships with other community agencies in this endeavor, how to advocate for mentally ill teens, and how to teach them to advocate for themselves. Lastly, it discusses how to evaluate these programs and services, and how to take care of your own needs while serving others.

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the last time we say goodbye cynthia hand: The Sendaxa Chronicles: The Complete Series - Steamy Dystopian Romance Rebecca Hefner, 2025-09-12 From USA Today bestselling author Rebecca Hefner She's determined to save the world...even if she doesn't remember it. Book 1: Repressed Echoes A brilliant scientist wakes up with amnesia in a dystopian world, only to realize she's the one who destroyed it! Can she repair the damage while fighting her attraction to the man who claims to be her husband? Book 2: Scorched Redemption Two soldiers thrust together in a perilous mission can't deny their sizzling chemistry. Arianna is determined to resist, but stoic Dominic will stop at nothing to possess her, body and soul. Book 3: Fated Salvation Morally-gray mercenary Tristan never stopped loving his ex-wife, even when she married his greatest enemy. Now that he knows the truth, can they work together to restore peace? Join the team of survivors as they endeavor to save the world! Perfect for lovers of sci-fi and paranormal romance, dystopian and post-apocalyptic, and steamy romantic suspense!

the last time we say goodbye cynthia hand: L'ultima volta che ti ho detto addio (eLit) Cynthia Hand, 2017-10-30T00:00:00+01:00 Lexie Rigs è un genio della matematica e tutto per lei è rigorosamente razionale, così quando inizia a percepire in casa segni della presenza del fratello - da poco scomparso - non riesce a confidarsi con nessuno. Di certo non lo può dire a sua madre, già convinta che Tyler sia con loro. Non può raccontarlo alle amiche nerd come lei, perché la prenderebbero per pazza. Non può lasciarselo scappare nemmeno con il suo psicanalista: non vuole certo finire imbottita di farmaci. Alla fine, lo confida alla vecchia amica e vicina di casa, Sadie, che non si scompone minimamente di fronte a quell'assurdità, e anzi la aiuta a capire che cosa potrebbe volere Tyler da lei, se davvero si trattasse di lui. Inizia così per Lexie una sorta di viaggio nelle ultime ore del fratello, e ogni tassello del mistero che circonda la sua morte trova piano piano il suo posto. Così Lexie capisce che un fantasma non deve per forza essere vero per impedirti di andare avanti. E ora è il momento di andare avanti.

the last time we say goodbye cynthia hand: Life Inside My Mind Jessica Burkhart, Maureen Johnson, Robison Wells, Lauren Oliver, Jennifer L. Armentrout, Amy Reed, Aprilynne Pike, Rachel M. Wilson, Dan Wells, Amber Benson, E. Kristin Anderson, Sarah Fine, Kelly Fiore-Stultz, Ellen Hopkins, Scott Neumyer, Crissa-Jean Chappell, Francesca Lia Block, Tara Kelly, Kimberly McCreight, Megan Kelley Hall, Hannah Moskowitz, Karen Mahoney, Tom Pollock, Cyn Balog, Melissa Marr, Wendy Toliver, Cindy L. Rodriguez, Candace Ganger, Sara Zarr, Cynthia Hand, Francisco X. Stork, 2018-04-10 "Who better to raise teens' awareness of mental illness and health than the YA authors they admire?" —Booklist (starred review) "[A] much-needed, enlightening book." —School Library Journal (starred review) Your favorite YA authors including Ellen Hopkins, Maureen Johnson, and more recount their own experiences with mental health in this raw, real, and powerful collection of essays that explores everything from ADD to PTSD. Have you ever felt like you just couldn't get out of bed? Not the occasional morning, but every day? Do you find yourself listening to a voice in your head that says "you're not good enough," "not good looking enough," "not thin enough," or "not smart enough"? Have you ever found yourself unable to do homework or pay attention in class unless everything is "just so" on your desk? Everyone has had days like that, but what if you have them every day? You're not alone. Millions of people are going through similar things. However issues around mental health still tend to be treated as something shrouded in shame or discussed in whispers. It's easier to have a broken bone—something tangible that can be "fixed"—than to have a mental illness, and easier to have a discussion about sex than it is to have one about mental health. Life Inside My Mind is an anthology of true-life events from writers of this generation, for this generation. These essays tackle everything from neurodiversity to addiction to OCD to PTSD and much more. The goals of this book range from providing a home to those who are feeling alone, awareness to those who are witnessing a friend or family member struggle, and to open the floodgates to conversation.

the last time we say goodbye cynthia hand: Entropy Allen Kuzara, 2018 (Book 3 in The Anti Life Series) Alvarez must race home to beat back the merciless onslaught of the anti-life fleet. Everything is at stake, but time's running out.

the last time we say goodbye cynthia hand: O último adeus Cynthia Hand, 2017-10-24 A autora de fantasia que está encantando leitores com a força de sua escrita lança seu primeiro romance contemporâneo – uma trama comovente e impactante situada nos dias de hoje. Depois de sucessos internacionais como a saga Sobrenatural, Cynthia Hand demonstra todo o seu talento numa história sobre perda, culpa e superação. O ÚLTIMO ADEUS é narrado em primeira pessoa por Lex, uma garota de 18 anos que começa a escrever um diário a pedido do seu terapeuta, como forma de conseguir expressar seus sentimentos retraídos. Há apenas sete semanas, Tyler, seu irmão mais novo, cometeu suicídio, e ela não consegue mais se lembrar de como é se sentir feliz. O divórcio dos seus pais, as provas para entrar na universidade, os gastos com seu carro velho. Ter que lidar com a rotina mergulhada numa apatia profunda é um desafio diário que ela não tem como evitar. E no meio desse vazio, Lex e sua mãe começam a sentir a presença do irmão. Fantasma, loucura ou apenas a saudade falando alto? Eis uma das grandes questões desse livro apaixonante. O ÚLTIMO ADEUS é sobre o que vem depois da morte, quando todo mundo parece estar seguindo adiante com sua própria vida, menos você. Lex busca uma forma de lidar com seus sentimentos e tem apenas nós, leitores, como amigos e confidentes.

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the last time we say goodbye cynthia hand: The Worst Hand Ever Dealt Yimmy Castellanos, 2025-08-05 The world is wonderful and glorious. The times of evil have been torn down, and only happiness and wonders await in this world filled with democracies, according to regular dialogue among citizens of the world. What if several institutions squeezed their potential out and proved the opposite of this to be true? In the United States of America, a nation of immigrants and only greatness apparently being the only path ahead, will this be the case?

the last time we say goodbye cynthia hand: I'll Be There... Cynthia Eckhart, 2010-09-30 When her best friend Debbie loses her granddaughter to a sudden illness, author Cindy attempts to travel from Texas to North Carolina for the funeral, experiencing humorous roadblocks along the way. Stranded in Atlanta, she reminisces about their many experiences that have made them the women they are today. In this true story of growing up in Texas, Cindy reflects on how the strong women in their lives influenced both of them with their wisdom and character. She is reminded how often they have relied on their faith and friendship to get them through both the good and bad times. But Joey's death may be too much for her friend to overcome. Now, three years later Cindy has her own medical crisis and calls upon Deb to help her through it all. Can Deb put aside her own grief and be there for her best friend? Or will the possibility of another death push her over the edge?

the last time we say goodbye cynthia hand: Some Men Are Our Heroes KeumJu Jewel Hyun, Cynthia Davis Lathrop, 2010-08-01 Do the little things we do and say really make a difference in the lives of others? Some Men Are Our Heroes answers this question with a resounding yes as eight accomplished Christian women tell the stories of the men in their lives who helped them achieve remarkable things for God's kingdom. These touching stories of women from around the world and the fathers, husbands, brothers, pastors, colleagues, and friends who encouraged, strengthened, and challenged them along their life journeys will warm the hearts of women and men alike.

the last time we say goodbye cynthia hand: The Last Animal Abby Geni, 2014-10-14 The Last Animal by Abby Geni is that rare literary find — a remarkable series of stories unified around one theme: people who use the interface between the human and the natural world to contend with their modern challenges of love, loss, and family life. These are vibrant, weighty stories that herald the arrival of a young writer of surprising feeling and depth. Terror Birds tracks the dissolution of a marriage set against an ostrich farm in the sweltering Arizona desert; Dharma at the Gate features the tempest of young love as a teenaged girl must choose between man's best friend, her damaged boyfriend, and a beckoning future; Captivity follows an octopus handler at an aquarium still haunted

by the disappearance of her brother years ago; *The Girls of Apache Bryn Mawr* details a Greek chorus of Jewish girls at a summer camp whose favorite counselor goes missing under suspicious circumstances; *In the Spirit Room* centers on a scientist suffering the heartbreaking loss of a parent from Alzheimer's while living in the natural history museum where they both worked; in *Fire Blight* a father grieving over his wife's recent miscarriage finds an outlet for comfort in their backyard garden and makes a surprising discovery on how to cherish living things; and in the title story, a retired woman traces the steps of the husband who left her thirty years ago, burning the letters he had sent along the way, while the luminous and exotic wildlife of the Pacific Ocean opens up to receive her. Unflinching, exciting, ambitious and heartfelt, *The Last Animal* takes readers through a menagerie of settings and landscapes as it underscores the connection between all living things.

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the last time we say goodbye cynthia hand: Watch Out-Don't Get CAught Fay Drage, 2011-02-02 The Writer of this book was driven by a passion to tell this story in the hope that this book will alert and prepare people to watch out for the unfamiliar personalities and circumstances. It is written in plain simple English that everyone and anyone can appreciate. Knowing that awareness is empowering! When you know better, you do better. The Consequences of Not Knowing This is a story of a young girl who was unprepared for the unfamiliar people and the unfamiliar circumstances she would face. She was bought up in a home with Christian morals, where they only knew love and trust in its purest form. Her upbringing is based on a True Story. Some NZ Maori families come from the other side of 'Once were Warriors' Her parents brought her up to be kind, loving and caring to all people but never taught her the boundaries of knowing when to say 'NO'. Maria is a victim of a sociopath or psychopath. She never knew such people existed. She was unprepared. Maria's parents are also faced with circumstances that are unfamiliar to them. They do not know what to do about these circumstances they are faced with either. They seek help from a society that has people in places that one would think, would know best, and seek to do the best, but they only know a text book result and will stick to the 'red tape' rather than common sense. They soon find out that sociopaths are the norm in society. They find a 'Justice System,' where an outcome is better than the truth. The whole family is put into unfamiliar ground. The abuse of one person turns this family's life upside down. This book has all the elements of all human emotions. This young girl experiences a life of tender love and care, and unfamiliar ground with a psychopath. She becomes a victim to his physical abuse and rape. She is unprepared for all that Mr Ian Clarke throws at her. He strips her of her own self worth. Her spirit is taken from her. Killed off by all the abuse she suffered. This book is about when opposite ends meet. This is a MUST READ BOOK. Written in a light hearted manner that makes easy reading, for all ages. Disclaimer: This book is based on some true events however has been fictionalised. Any characters/ persons appearing in this book are fictitious and any resemblance to real persons, Living, or dead is purely coincidental Reference 1: Psychopath, same as Sociopath, refer: to traits of a sociopath via internet. www.mcafee.cc/Bin/sb.html Some words in Maori are explained others are place names in New Zealand

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